

#### Douglas County Health Center

**HOPE LIVES HERE.** 



## AUGUST 2020 FAMILY NEWSLETTER

**By DCHC Executive Team** 



#### KEEPING YOU UP TO DATE ON WHAT'S HAPPENING

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# What is Happening at the Health Center

### Updates From Administration

Hello, Families and Friends,

We have recently performed precautionary testing on some of the residents and staff due to a possible exposure. At this time, there are no confirmed Covid-19 cases at the facility. However, one of our units will remain on guarantine through next week as additional tests results are confirmed. Due to the possible exposure, we had to temporarily suspend outdoor activities, but will are hopeful by next week the residents will be able to go outdoors again! When we get to our next phase the recreational therapists are able to complete a one-on-one outdoor visits with each resident 2-3 times per week. In addition, we are able to complete small group activities (6) or less) on the units with social distancing and the use of surgical face masks. We will continue to update all parties as we progress to different phases of reopening. We will notify families when we can open up for scheduled resident visits. Our team understands how hard these past months have been not being able to visit your loved ones. We continue to ensure our top priority as a facility is the safety of our staff and residents.

Sincerely,

Erin Nelson, Administrator



# What is Happening at the Health Center

## When bringing your loved one food

Remember to bring one meal at a time for your loved ones. Due to regulation purposes we have to dispose of refrigerated food after 3 days. To ensure all residents are able to have access to refrigerator space on their neighborhoods we ask to only bring 1-2 meals at a time.

#### Immediate Needs? Call the Neighborhood

Eden Way Unit Phone: 402-444-6020 Field of Dreams Unit Phone: 402-444-6565 Miracle Gardens Unit Phone: 402-444-7228 Safe Harbor Unit Phone: 402-444-7781 Sunrise Villa Unit Phone: 402-444-6314 Sunshine Gardens Unit Phone: 402-444-7331

Tranquility Road Unit Phone: 402-444-6525 Via Bella Unit Phone: 402-444-7745 Willow Springs Unit Phone: 402-444-3538 Windsong Way Unit Phone: 402-444-3979

#### Social Work Contact Information

Social Services- Renee Hinsley: 402-618-3183

Social Services- Kimberly Skipper: 402-444-6297

Social Services- Deb Chappelear: 402-444-4949

Social Services- Lesli Alexander: 402-444-6412



# What is Happening at the Health Center



#### DCHC Goes Under Construction!

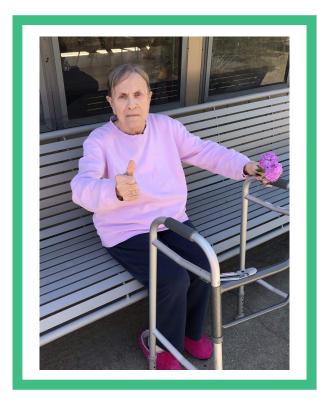


With the assistance of Cares Act Funding, DCHC will have new additions and updates completed to our facility! DCHC will undergo a reconstruction of the main facility entrance, updated spa rooms, mechanical lifts, ultraviolet disinfection robots, wheelchair washer, upgraded elevators, new wheelchair accessible van, building wide TV channel, and additional resident centered items. Our new facility upgrades and additions will help to assist with increased infection prevention and safety of our residents and staff.



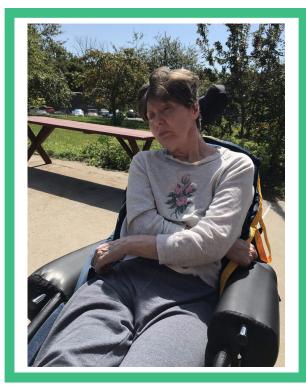
### Time Spent Outdoors

Our Recreational Therapy team is assisting residents to spend time in our outdoor gardens!











### Indoor Activities

Our Recreational Therapy team continues to get creative with indoor activities with our residents to keep each other safe and engaged!





#### Have a iPhone, iPad, or iPod touch?

We've got iPads at DCHC so you can Facetime your loved one! **How To Steps Below:** 

Using it on iPhone, iPad, iPod touchTo place a FaceTime call on your iOS device, you need the person's phone number or email address. Remember, they also need a compatible Apple device and to have FaceTime enabled.

Now, you've got a few options:

1. Say, "Hey, Siri, FaceTime [person's name]."

- 2. Tap to open the FaceTime app, tap the plus sign and type the person's phone number or email address. Choose either an audio call, which is the phone icon, or video call, the video camera icon. If you have the person's phone number or email address saved in your contacts, you can begin typing the name and it will appear. Tap the name when you see it.
- 3. Or start a FaceTime video call from your iPhone during a regular phone call. While chatting, tap the FaceTime icon in the phone app to switch immediately to FaceTime.

### Have a smart phone or computer with a camera? We've got tablets at DCHC so you can Skype your loved one! How To Steps Below:

- 1. Download the Skype App
- 2. Open Skype app and use created email and password to sign in
- 3. Once in account you will be able to type in a Skype name, email or mobile number
- 4. You will be able to choose to call or video call this individual with two optional icons

Want help or have questions? Call our recreational therapy department at 402-444-7413 to set up your call.