



# DOUGLAS COUNTY HEALTH CENTER/COMMUNITY MENTAL HEALTH CENTER

## Board of Trustees Meeting Minutes for Monday, April 17, 2023

Douglas County Health Center/Community Mental Health Center  
4102 Woolworth Avenue

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### I. Call to Order

Chair Borgeson called the meeting to order at 9:01 a.m. and stated that the meeting was being conducted in compliance with Nebraska's Open Meetings law, a copy of which is located on the back wall.

Chair Borgeson called the roll at 9:02 a.m. Chair Borgeson, Trustees Cavanaugh, Friend and Rodgers were present for the meeting. Vice Chair Boyle, Trustees Garcia and Morgan were not present.

### II. Consent Agenda

Chair Borgeson called for a motion to approve the Consent Agenda at 9:03 a.m. Trustee Rodgers moved and Trustee Friend seconded. Yeas: Borgeson, Cavanaugh, Friend, and Rodgers voted. Motion passed.

### III. Citizen Comments

Chair Borgeson called for members of the audience to be heard regarding any item not on the agenda.

### IV. Action

No items on the agenda.

### V. Discussion

#### CMHC Intensive Outpatient Programming (IOP) in the Corrections and Criminal Justice Center

Sara Baker is speaking.

Ms Baker provided a history of applying for the program and the guidelines of the program. Currently, this program is only offered to men but will be available to women as soon as a second therapist hired; the position has been open for awhile but there have not been in applicants. The focus is to reduce recidivism with the individuals in the criminal justice system through individual therapy and group therapy throughout the 10-week program. Trustees Cavanaugh and Friend requested additional details requiring the diagnosis requirements.

### VI. DCHC/CMHC Routine Reports & Updates

#### a. Admin Update

Erin Nelson is speaking.

Ms Nelson reviewed the COVID-19 status. She explained that DCHC is still required to wear masks per Center for Medicare and Medicaid Services (CMS) guidelines. The requirement is based on the transmission status in the community and it is currently high. CMS is stringently enforcing this requirement; they can restrict admissions and deny payments if violated. She provided a copy of the American Health Care Association guidelines for Enforcement of the New Infection Regulations.

Ms Nelson also provided an update on Enhanced Dining. After 5 years of planning, the program has been successfully implemented and the residents are enjoying the new meals.

Advance notice of the meeting was given by publication in The Daily Record, a legal newspaper. The notice advised that an agenda kept current was available for public inspection in the Office of the Administrator of Douglas County Health Center.



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9:00 AM

They are able to call in their own orders or staff visits the floors to take their orders. The long-term benefits are less waste, better inventory control and better nutritional choices for the resident. Chair Borgeson asked about tracking measurable changes with the new program. Ms Nelson shared that a student working on his PhD studied the system prior to implementation and will be returning to conclude his study. The results will be shared with DCHC and will be provided to the Board.

Ms Nelson reported on census, admissions and payor sources. She also provided an update on FTE's, new hires and terminations.

**c. CMHC Routine Reports  
including COVID-19  
Update**

Ms Driver was not present.

**VII. Executive Session**

There was no need for an executive session.

**VIII. Adjourn**

Chair Borgeson called for a motion to adjourn. Yeas: Borgeson, Cavanaugh, Friend and Rodgers voted. Motion passed. The meeting was adjourned at 9:29 a.m.

**Next Meeting will be held on Monday, May 22, 2023 at 9:00 a.m. at the Douglas County Health Center.**