



DOUGLAS COUNTY HEALTH CENTER/COMMUNITY MENTAL HEALTH CENTER

Board of Trustees Meeting Minutes for Tuesday, July 29, 2025

Douglas County Health Center/Community Mental Health Center
4102 Woolworth Avenue

I. Call to Order

Chair Garcia called the meeting to order (time unavailable) and stated that the meeting was being conducted in compliance with Nebraska's Open Meetings law, a copy of which is located on the back wall.

Chair Garcia called the roll at 8:30 am. Chair Garcia, Vice Chair Cavanaugh, Trustees Borgeson, Friend and Morgan were present for the call to order.

II. Consent Agenda

Chair Garcia called for a motion to approve the Consent Agenda at 8:31 am. Trustee Morgan made a motion and Trustee Friend requested a second. Yeas: Borgeson, Cavanaugh, Friend, Garcia and Morgan. Motion passed.

III. Citizen Comments

Chair Garcia called for members of the audience to be heard regarding any item not on the agenda.

IV. Action

No items on the agenda.

V. Discussion

a. Intensive Outpatient Program Presentation

Sara Baker, Sherry Driver and Mike Myers are speaking.

Ms Baker shared a You-Tube video spotlighting the 10-yr development of the program. Mr Myers and Ms Driver provided the history of the grant that supports the program, the challenges and successes, and the recognition it has received locally and nationally. They acknowledged the employees who started the program and who manage it today including Mike Phillips, Jean Troxel, Whitney Johnson, Shy Meckna, Sara Beard, Emily Newby and Lydia Dombrowski.

VI. DCHC/CMHC Updates

a. Admin Update

Speaking is Erin Nelson.

Ms Nelson provided an update on federal initiatives including Medicaid provider tax, reduced retroactive Medicaid cost coverage, annual provider tax reduction excluding nursing homes and Medicaid eligibility verification and new work requirements. She included in the operational highlights the opening of a dialysis den for resident use at this time and the addition of a new Memory Care Program Director to develop an enhanced memory care program. DCHC is the first facility in Nebraska to offer a dialysis den. She provided a breakdown of the types of referrals received in the last 30 days, the referral sources including the types of diagnosis, the current census and admissions by payer type. Ms Nelson shared that staff is looking at residents individually to assess the level of care needed. They have been able to discharge three (3) to a lower level of care to assisted living facilities and have 45 more residents that will be evaluated. She also provided the current staffing levels and staff turnover trend. She also

Advance notice of the meeting was given by publication in The Daily Record, a legal newspaper. The notice advised that an agenda kept current was available for public inspection in the Office of the Administrator of Douglas County Health Center.



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8:30 AM

shared some stories of Dreamweaver's provided a wish for a resident and a performance from an Elvis impersonator that residents really enjoyed.

b. CMHC Update

Speaking is Sherry Driver.

Ms Driver provided June highlights for the psychiatric inpatient unit regarding medical screening, referral sources, legal status, discharge status, inpatient payor majority sources and primary and secondary diagnoses. For inpatients, she reviewed the average length of stay, inpatient discharges and occupancy. Also presented were the readmission rates for 30 day, which included minimum and maximum days, average days to readmission and the legal status at discharge. For the outpatient program, she continued to review occupancy rates, discharges and length of stay. For the outpatient clinic, Ms Driver provided data for program admissions, triage, nurse, MD/APRN and therapist appointments, Day Treatment Program, Mental Health Diversion Services in collaboration with the Department of Corrections and Emergency Community Support Services, which is fully funded by Region 6 Behavioral Healthcare, and Familiar Faces Program in collaboration with the Department of Corrections. The goal is to reduce recidivism. Staff is tracking the progress. She reported on the admissions for the Intensive Outpatient Program (IOP) and the number of admissions divided by male and female and their annual income. Regarding the Detoxification program, the average length of stay was reported; the goal is to transition clients to the voluntary unit.

VII. Executive Session

There was no need for an executive session.

VIII. Adjourn

Chair Garcia called for a motion to adjourn. Trustee Morgan made a motion to adjourn; Trustee Friend seconded it. The motion passed. The meeting was adjourned at 9:21 a.m.

Next meeting will be held on Monday, August 25, 2025 at 9:00 a.m. at the Douglas County Health Center.