



# DOUGLAS COUNTY HEALTH CENTER/COMMUNITY MENTAL HEALTH CENTER

## Board of Trustees Meeting Minutes for Monday August 25, 2025

Douglas County Health Center/Community Mental Health Center  
4102 Woolworth Avenue

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- I. Call to Order**
- Chair Garcia called the meeting to order (time unavailable) and stated that the meeting was being conducted in compliance with Nebraska's Open Meetings law, a copy of which is located on the back wall.
- Chair Garcia called the roll at 9:04 am. Chair Garcia, Vice Chair Cavanaugh, Trustees Borgeson, Friend and Morgan were present for the call to order.
- II. Consent Agenda**
- Chair Garcia called for a motion to approve the Consent Agenda at 9:04 am. Trustee Fahey made a motion and Trustee Friend requested a second. Yeas: Borgeson, Friend, Garcia and Morgan. Motion passed.
- III. Citizen Comments**
- Chair Garcia called for members of the audience to be heard regarding any item not on the agenda.
- County Clerk Dan Esch recognized one of the Douglas County Health Center residents, Tony Martinez. Mr Martinez was recently acknowledged as part of the Governor Pillen's World War II Recognition Program, commemorating the 80<sup>th</sup> anniversary of the end of World War II. Mr Martinez was present during the meeting. Mr Esch read the resolution which highlights Mr Martinez' life from a young man through his military service to current. The Board of Commissioners will pass the resolution tomorrow.
- IV. Action**
- No items on the agenda.
- V. Discussion**
- a. Two-Month Location Pilot and Future Meetings**
- Roger Garcia is speaking.
- Chair Garcia reviewed the pros and cons of scheduling the Board of Trustees meeting to the Omaha Douglas Civic Center to coincide with the Board of Commissioners meeting. Trustees Borgeson, Rodgers, Friend and Morgan provided input and provide history on previous discussions. The Board will review the change further before a decision is made.
- b. Pharmaceutical Services**
- Erin Nelson is speaking.
- Ms Nelson provided a presentation on the pharmacy services at DCHC. She included an extensive list of services provided for inpatient, outpatient clinic, detox and day treatment at CMHC and Youth Services in addition to the approximately 245 residents at DCHC. The pharmacy also work with the Health Department for Narcan distribution, vaccines, Drug Take Back site and other special programs. Ms Nelson also provided the cash received and cost of drugs and the cash over cost for DCHC and CMHC for the past five (5) years.

Advance notice of the meeting was given by publication in The Daily Record, a legal newspaper. The notice advised that an agenda kept current was available for public inspection in the Office of the Administrator of Douglas County Health Center.



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Trustee Borgeson provided the history of the Board reviewing the services throughout the years.

**c. Douglas County  
Nebraska's Recovery  
Therapeutic  
Community  
Intensive Outpatient  
Program Recidivism  
Analysis**

Sara Baker is speaking.

Ms Baker submitted an analysis of the recidivism program for a grant received in 2019. She reported that 156 participants were included in the analysis and the rates of recidivism at 6 month, 1 year and 2 years. It also included data for male and female participants. Ms Baker shared the results to date; this grant will expire next year but staff is looking at other grant options.

**d. Beam Signing  
Ceremony for CMHC  
on September 3,  
2025 @ 2:00 pm**

Sara Baker is speaking.

Ms Baker indicated that all Board members should have received an email with an invitation to the ceremony.

#### **VI. DCHC/CMHC Updates**

**a. Admin Update**

Speaking is Erin Nelson.

Ms Nelson provided an update on updates improving the Medicaid waiver process to take the pressure off long-term care facilities; increase in Medicare A for next year, Veterans Administration will be using Medicare rates, changes in rating standards. She included in the operational highlights on a new more cost effective dining program, replacement of whirlpools, and review with Public Properties on use of the CMHC areas after the move to their new building, and the Dialysis Den. She also provided updates on staffing, census and admissions.

Ms Nelson introduced Mary Jo Spurgin, the new Dementia Coordinator. Ms Spurgin provided an introduction to the 4 M's program and the implementation at DCHC and the benefits to the whole person.

**b. CMHC Update**

Speaking is Sara Baker.

Ms Baker provided June highlights for the psychiatric inpatient unit regarding medical screening, referral sources, legal status, discharge status, inpatient payor majority sources including breakdown of Medicare and Medicaid and primary and secondary diagnoses. For inpatients, she reviewed the average length of stay, inpatient discharges and occupancy. Also presented were the readmission rates for 30 day, which included minimum and maximum days, average days to readmission and the legal status at discharge. For the outpatient program, she continued to review occupancy rates, discharges and length of stay. For the outpatient clinic, Ms Baker provided data for program admissions, triage, nurse, MD/APRN and therapist appointments, Day Treatment Program, Mental Health Diversion Services in collaboration with the Department of Corrections and Emergency Community Support Services, which is fully funded by Region 6 Behavioral Healthcare, and Familiar Faces Program in collaboration with



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the Department of Corrections. The goal is to reduce recidivism. Staff is tracking the progress. She reported on the admissions for the Intensive Outpatient Program (IOP) and the number of admissions divided by male and female and their annual income. Regarding the Detoxification program, the average length of stay was reported; the goal is to transition clients to the voluntary unit.

#### **VII. Executive Session**

There was no need for an executive session.

#### **VIII. Adjourn**

Chair Garcia called for a motion to adjourn. Trustee Morgan made a motion to adjourn; Trustee Rodgers seconded it. The motion passed. The meeting was adjourned at 10:13 a.m.

**Next meeting will be held on Monday, September 22, 2025 at 9:00 a.m. at the Douglas County Health Center.**