MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						222112
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:00am to 9:00am	8:00am to 9:00am	8:00am to 9:00am	8:00am to 9:00am	8:00am to 9:00am	8:00am to 9:00am	8:00am to 9:00am
Hot / Cold Cereal	Hot / Cold Cereal	Hot / Cold Cereal	Hot / Cold Cereal	Hot / Cold Cereal	Hot / Cold Cereal	Hot / Cold Cereal
Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit
Wheat / White Toast	Wheat / White Toast	Wheat / White Toast	Wheat / White Toast	Wheat / White Toast	Wheat / White Toast	Wheat / White Toast
Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries	Assorted Pastries
French Toast Or	Mushroom &Onion	Pancakes Or	Cheese Blintz Or	Almond Pancakes	Cheese Omelet	Apple Filled Pancake
Eggs Any Style	Scramble Or	Eggs Any Style	Eggs Any Style	Or Eggs Any Style	Or Eggs Any Style	Or Eggs Any Style
Sausage Link	Eggs Any Style/Bacon	Ham	Sausage Patty	Bacon	Sausage Link	Ham
French Onion Soup	Tomato Soup	Gazpacho	Cream Of Cauliflower	Clam Chowder	Acorn Squash	Vegetable Soup
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:00pm to 1:00pm	12:00pm to 1:00pm	12:00pm to 1:00pm	12:00pm to 1:00pm	12:00pm to 1:00pm	12:00pm to 1:00pm	12:00pm to 1:00pm
Tuna Melt With Cheddar	Classic Patty Melt	Monte Cristo	Meatball Sandwich		Grilled Pepperoni,	Southwest Salad
On Whole Wheat	(Beef Patty, Cheese &	Sandwich	With Provolone & Fruit	Bacon Cheeseburger	Provolone Cheese &	Seasoned Chicken,
Macaroni Salad	Grilled Onions)	Coleslaw	Salad Or	& Pasta Salad	Tomato On Ciabatta	Tomato, Black Bean,
Or	French Fries	Or	Turkey And Spinach	Or	Roll With Chips	Avocado, Corn, Tortilla Strips
	Fish Sticks &	Smoked Salmon &	Tortilla Roll Up	Veggie Cheeseburger	Or	& Cilantro
Yogurt & Fruit	French Fries	Cream Cheese	& Fruit Salad	Pasta Salad	Pasta With	Dressing Or
Parfait		Bagel			Marinara	Roast Beef On Rye
Lemon Cookies	Cherry Crisp	Vanilla Pudding	Carrot Cake	Everything Cookie	Chocolate Mousse	Chocolate Cupcake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
5:00-6:00p.m.	5:00-6:00p.m.	5:00-6:00p.m.	5:00-6:00p.m.	5:00-6:00p.m.	5:00-6:00p.m.	5:00-6:00p.m.
Sweet N Sour Pork	Chicken & Mushrooms	Shrimp Scampi	Herb Roasted Chicken	Spice Rubbed Cod	Cashew Chicken	BBQ Beef
Steamed Rice	Garlic Butter Potatoes	Steamed Rice	Legs With Orzo Pilaf	With Rice Pilaf	Mashed Potatoes	Potato Wedges
Carrots	Broccoli Or	Asparagus	& Sautéed Spinach	Braised Red Cabbage	Green Beans	Sautéed Zucchini
Or	Egg Salad	Or	Or	Or	Or	Or Turkey Burger
Veggie Egg Rolls	On Sourdough &	Chicken Pot stickers	French Onion Tart &	Corned Beef & Swiss	Spinach Salad	& Sides
Apple & Chia Seed	Chips	& Sesame Sauce	Spinach	On Rye W/ Chips		
Cobbler	Lemon Meringue Pie	Chocolate Cream Pie	Mud Pie	Banana Cream Pie	Tiramisu	Angel Food Cake & Berries