

























































Executive Director	Kimber Bowlby
Business Manager	Sandra Lopez
Maintenance Manager	Ignacio Vargas
Culinary Director	Jorge Gomez
Life Enrichment Director	Luz Bravo
Chauffeur	Deborah De Martini
Cuisine Creator	Lori Stegner
Cuisine Creator	Maria Vargas
Community Liaisons	Esther Martinez & Pat Valone



ALOHA !!!
SONOMA HILLS "LUAU FESTIVAL"
Entertainment by:
HULA MAI DANCERS
Friday, August 4 @ 4:00 pm
Followed by traditional
LUAU DINNER
Hawaiian Attire Encouraged



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>The Summer Turned Pretty and Busy. Join Us for Spectacular Events!!</div> <div></div>	<div></div>	<div>1</div> <div>9:00  Walking Group 60 minutes</div> <div>1:00  Resident Meeting</div> <div>1:15  “Knit Wits” -Needle Art</div> <div>2:15  Meditation & Movement</div> <div>3:15  Jelly Beans Game</div> <div>6:30  Movie Night</div>	<div>2</div> <div>9:00  Walking group - 30 min</div> <div>9:30  Bridge</div> <div>1:00  Bingo with Barbara</div> <div>2:15  Gentle Stretch & Balance</div>	<div>3</div> <div>11:00  Scrapbooking</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:15  Blackjack Time</div> <div>6:30  Movie Night</div>	<div>4</div> <div>Sonoma Hills Traditional - Luau Festival</div> <div>11:00  Zumba</div> <div>1:00  Bingo with Kelly</div> <div>4:00  Social Hour from 4 to 5p Luau Festival</div>	<div>5</div> <div>10:00  Mexican Train Dominoes</div> <div>1:00  Bingo</div> <div>3:00  Art Club</div> <div>6:30  Movie Night</div>
<div>6</div> <div>10:00  Catholic Communion</div>	<div>7</div> <div>11:00  Strength Training</div> <div>1:30  Billiards class</div> <div>2:00  Rummikub</div>	<div>8</div> <div>9:00  Walking Group 60 minutes</div> <div>1:00  Chef’s Corner</div> <div>1:15  “Knit Wits” -Needle Art</div> <div>2:15  Meditation & Movement</div> <div>3:15  Jelly Beans Game</div> <div>6:30  Movie Night</div>	<div>9</div> <div>9:00  Walking group - 30 min</div> <div>9:30  Bridge</div> <div>1:00  Bingo with Barbara</div> <div>2:15  Gentle Stretch & Balance</div>	<div>10</div> <div>10:00  OUTING - TBA</div> <div>11:00  Scrapbooking</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:15  Blackjack Time</div> <div>6:30  Movie Night</div>	<div>11</div> <div>11:00  Zumba</div> <div>1:00  Bingo with Kelly</div> <div>4:00  Social Hour</div>	<div>12</div> <div>10:00  Mexican Train Dominoes</div> <div>1:00  Bingo</div> <div>3:00  Art Club</div> <div>6:30  Movie Night</div>
<div>Drawings of Life Style Exhibit</div> <div>10:00  Catholic Communion</div> <div>3:30  Sonoma Hills Art Gallery & Rene L. Cardinaux Architect Present: “Drawings of Life Style” Exhibit</div>	<div>14</div> <div>11:00  Strength Training</div> <div>1:30  Billiards class</div> <div>2:00  Rummikub</div>	<div>15</div> <div>9:00  Walking Group 60 minutes</div> <div>10:30  Catholic Mass</div> <div>1:15  “Knit Wits” -Needle Art</div> <div>2:15  Meditation & Movement</div> <div>3:15  Jelly Beans Game</div> <div>6:30  Movie Night</div>	<div>16</div> <div>9:00  Walking group - 30 min</div> <div>9:30  Bridge</div> <div>1:00  Bingo with Barbara</div> <div>2:15  Gentle Stretch & Balance</div>	<div>17</div> <div>11:00  Book Club</div> <div>11:00  Scrapbooking</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:15  Blackjack Time</div> <div>6:30  Movie Night</div>	<div>18</div> <div>11:00  Zumba</div> <div>1:00  Bingo with Kelly</div> <div>4:00  Social Hour</div>	<div>19</div> <div>10:00  Mexican Train Dominoes</div> <div>1:00  Bingo</div> <div>3:00  Art Club</div> <div>6:30  Movie Night</div>
<div>20</div> <div>10:00  Catholic Communion</div>	<div>21</div> <div>11:00  Strength Training</div> <div>1:30  Billiards class</div> <div>2:00  Rummikub</div>	<div>22</div> <div>9:00  Walking Group 60 minutes</div> <div>1:15  “Knit Wits” -Needle Art</div> <div>2:15  Meditation & Movement</div> <div>3:15  Jelly Beans Game</div> <div>6:30  Movie Night</div>	<div>23</div> <div>9:00  Walking group - 30 min</div> <div>9:30  Bridge</div> <div>1:00  Bingo with Barbara</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:00  Social Ice Cream</div>	<div>24</div> <div>10:00  OUTING - TBA</div> <div>11:00  Scrapbooking</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:15  Blackjack Time</div> <div>6:30  Movie Night</div>	<div>25</div> <div>SPECIAL EVENT</div> <div>11:00  Zumba</div> <div>1:00  Bingo with Kelly</div> <div>3:30  Social Hour- Special Event,</div> <div>4:00  Attila Sautov - Virtuoso Violinist - Concert from 4 to 5p</div>	<div>26</div> <div>10:00  Mexican Train Dominoes</div> <div>1:00  Bingo</div> <div>3:00  Art Club</div> <div>6:30  Movie Night</div>
<div>27</div> <div>10:00  Catholic Communion</div>	<div>28</div> <div>11:00  Strength Training</div> <div>1:30  Billiards class</div> <div>2:00  Rummikub</div>	<div>29</div> <div>9:00  Walking Group 60 minutes</div> <div>1:15  “Knit Wits” -Needle Art</div> <div>2:15  Meditation & Movement</div> <div>3:15  Jelly Beans Game</div> <div>6:30  Movie Night</div>	<div>30</div> <div>9:00  Walking group - 30 min</div> <div>9:30  Bridge</div> <div>1:00  Bingo with Barbara</div> <div>2:15  Gentle Stretch & Balance</div>	<div>31</div> <div>11:00  Scrapbooking</div> <div>2:15  Gentle Stretch & Balance</div> <div>3:15  Blackjack Time</div> <div>6:30  Movie Night</div>	<div></div> <div></div>	



"THE DRAWINGS OF LIFE STYLE"

By: Rene L. Cardinaux, A.I.A. Architect

Sunday, August 13

Art Gallery @ 3:30pm

"I enjoyed building from a very young age and was always motivated to create designs and drawings for all kinds of buildings. At home and in school, I was running little projects like a model of the Panama Canal, and a model of a two-story residential residence, which was donated to the local, carpentry school. I graduated from UC Berkley and opened my own office in San Francisco, which I ran for many years. In 1977, I bought an old ranch in Petaluma and repaired the old farmhouse and barn (Cows were sleeping in both.). I worked for Sonoma, Solano, San Diego and Santa Clara Counties, and for the City of Berkeley, managing construction of 5 new and remodeled libraries.

Once retired, all my efforts went into designs and construction at my beloved ranch." --Rene Cardinaux.

Sonoma Hills Proudly Presents



ATTILLA SAUTOV - VIRTUOSO VIOLINIST

CONCERT FRIDAY, AUGUST 25 @ 4:00 PM

Atilla Sautov is renowned in music circles around the world for his brilliance as a soloist, having performed on every continent and in over 83 countries with some of the world's major orchestras.

Atilla Sautov has performed as concertmaster in many of the world's most prestigious venues, including the Cologne Philharmonic, Munich Philharmonic (Germany), Hong Kong Arts Center and Sydney Opera House (Australia). Mr Sautov is passionate about bringing quality, classical music to lesser-served, music lovers.

Welcome to Sonoma Hills!