



Notable Quotable

“Let us always meet each other with a smile, for the smile is the beginning of love.”

~ Mother Teresa (born August 26, 1910)



August Horoscopes and Birthdays

In astrology, those born between August 1 and August 22 take on the lion star sign of Leo. Those born between August 23 and August 31 are Virgos, known for being industrious and efficient.

- Hinds, S 3-Aug
- Smith, G 4-Aug
- Maldonado, C 5-Aug
- Davidson, K 5-Aug
- Hamm, P 6-Aug
- Riddock, R 7-Aug
- Pratts, F 8-Aug
- Diaz, A 9-Aug

- Williams, D 11-Aug
- Humphries, M 11-Aug
- Jones, J 13-Aug
- Smith, R 15-Aug
- Fermin, R 16-Aug
- Morgan, C 16-Aug
- Johnson, M 20-Aug
- Diaz, J 21-Aug
- Wayans, P 21-Aug
- Reyes, S 21-Aug
- Luisa, P 23-Aug
- Simms, B 24-Aug
- Zimmerman, R 27-Aug

Journey Back to Oz (cont. from pa. 1)

deliver the same message about friendship, courage, and finding your way home.

The story’s appeal has lasted in part because it offers both adventure and comfort. As author Ray Bradbury once said, “Oz is what we would hope and like to be,” a place where villains aren’t so villainous and hope always wins out.

The Wizard himself is a memorable figure, too. When his

secret is revealed, he admits, “I’m really a very good man, but I am a very bad wizard,” reminding us all that sometimes good intentions matter more than magical powers.

So this August, why not revisit Oz? Dust off the book, queue up the movie, or share the story with a grandchild or other young friend. After all, as Dorothy reminds us, “There’s no place like home”—and for many, Oz will always feel a little like home, too.

Heartthrob of the Silent Screen

He was born Rodolfo Alfonso Raffaello Pierre Filibert Guglielmi di Valentina d’Antonguolla, but his devoted fans knew him as Rudolph Valentino, and he was one of Hollywood’s earliest stars of the silent era.

Valentino was the prototypical tall, dark, and handsome Italian—a perfect on-screen hunk. After dancing a tango in *The Four Horsemen of the Apocalypse*, he became a national sensation. His sudden death on August 23,

1926, threw his legions of fans into hysteria. Some even attempted suicide.

Tens of thousands visited his open casket in New York City, where mourners rioted and broke a plate-glass window at the funeral home in the hopes of getting in for a final glimpse of the star. A reported 100,000 mourners lined up outside the church where services were held. By train, Valentino’s body made its last trip to Hollywood for a final silent goodbye.

Eastchester Rehabilitation & Health Care Center

August 2025

Celebrating August

Read a Romance Novel Month

What Will Be Your Legacy Month

Homemade Pie Day August 1

Farmers Market Week August 3–9

Coast Guard Day August 4

Bowling Day August 9

Vinyl Record Day August 12

Mail Order Catalog Day August 18

Poets Day August 21

Kiss and Make Up Day August 25

More Herbs, Less Salt Day August 29



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Journey Back to Oz

August marks a celebration for fans of *The Wizard of Oz*—the 86th anniversary of the beloved film’s release on August 25, 1939. In addition, the 125th birthday of the classic book, first published in May 1900, was celebrated earlier this year. Whether you first met Dorothy and Toto on the page or the silver screen, their journey down the Yellow Brick Road continues to charm audiences of all ages.

L. Frank Baum’s *The Wonderful Wizard of Oz* was a sensation from the start, quickly becoming a staple in American children’s literature. Over the decades, the story has inspired sequels, stage

plays, and, most famously, the 1939 MGM film starring Judy Garland as Dorothy. The film dazzled audiences with its Technicolor magic, memorable songs, and a cast of unforgettable characters: Scarecrow, Tin Man, Cowardly Lion, and, of course, Toto (who was played by a female dog named Terry).

The book and the movie differ in small ways—Dorothy’s slippers are silver in the book but ruby red in the film, for example—but both (cont. on p. 4)



Black Cats in a New Light

Does a shiver run down your spine when a black cat crosses your path? Do you instantly think of bad luck at the sight of this *feline noir*?

Black Cat Appreciation Day on August 17 is your chance to revise your superstitious notions. For example, in Scotland, Great Britain, and Japan, black cats are

considered good luck and signs of prosperity. Some believe that a woman who owns a black cat will have many suitors. Long ago, sailors would choose a black cat as their ship’s cat to protect their ship and bring good fortune.

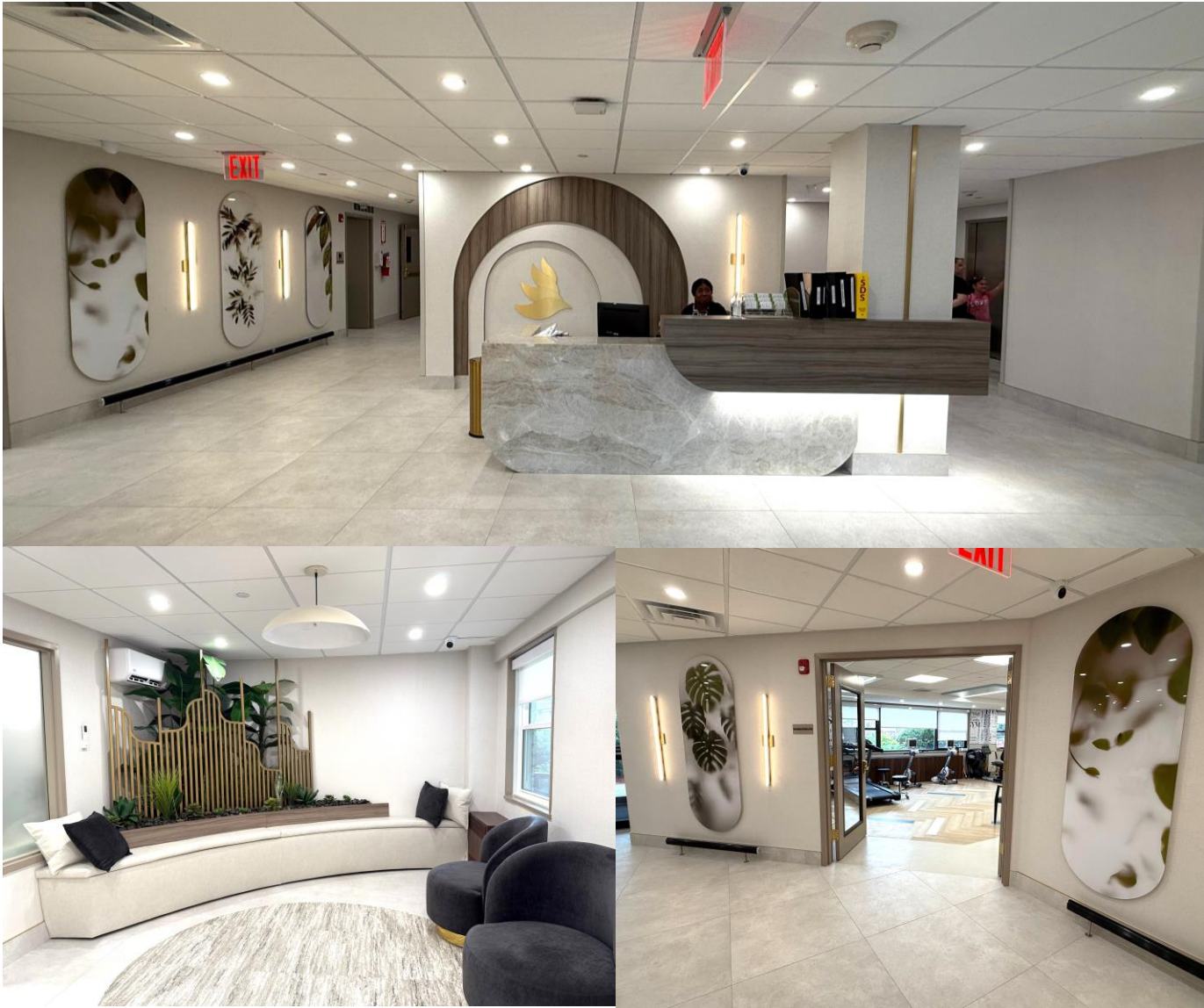
Shelters posting black cats for adoption offer another reason to appreciate black cats: they go well with any outfit.

Grand Opening: A Stunning New 1st Floor Lobby & Rehab Gym

We are proud to unveil our beautifully renovated 1st Floor Lobby—an elegant new space designed with comfort and style in mind. Featuring luxurious marble finishes accented with warm gold and copper tones and refreshing touches of green, the new lobby offers a serene and welcoming environment for residents, families, and staff alike.

Visitors will enjoy a spacious and comfortable waiting area, thoughtfully furnished to promote relaxation and connection. Just steps away, our state-of-the-art rehabilitation gym is now open, equipped with the latest technology and tools to support our residents in achieving their therapy goals safely and effectively.

This transformation reflects our ongoing commitment to providing exceptional care in an uplifting, modern setting. Thank you to everyone who made this project a success—we look forward to seeing you in the new space!



Lefties Take the Lead



Roughly 800 million people worldwide write or perform other tasks with a dominant left hand.

Did you hear the one about the inventor who developed a left-handed hammer? It didn't sell. He forgot to invent left-handed nails! But if he had, they likely would have been sold by the Left Handers Club, which celebrates International Left Handers Day on August 13. On average, 10% of people are left-handed writers. This rate reportedly varies by country; roughly 13% of Canadians and

just 2.5% of Mexicans are left-handed.

Left Handers Day is about more than just advocating for left-handed products. It's about creating "Lefty Zones," where right-handed people attempt tasks using their left hands. For one day, the proverbial shoe will be on the other foot. It's a day when all lefties will fight for their, um... rights.

Staff Spotlight: Welcome Tashia Evans, Our New Social Worker!



Tashia Evans

We are excited to welcome Tashia Evans to our team as a Social Worker here at Eastchester Rehabilitation & Health Care Center. Born and raised in the Bronx, Tashia brings not only experience but heart, compassion, and a calming presence to her work with residents and families.

From a young age, Tashia had a natural gift for helping others. "My dad says I'm better at helping people than helping myself," she says with a smile. "Since I was a child, I was always good at getting help for others."

Her passion for elder care grew from a personal experience—when her 83-year-old aunt asked not to be placed in a nursing home.

That moment sparked Tashia's desire to help make long-term care facilities a place where older adults feel happy, safe, and respected.

Tashia earned her B.A. in Psychology from Lehman College and has been working in nursing homes for the past eight years. What keeps her inspired? "I love the stories and wisdom they share," she says. "I love making them feel happy and secure." With strong listening skills, Tashia takes pride in staying calm and letting others be heard—no matter the situation.

"Even when someone is upset or wrong, I never overtalk. I allow them to get it off their chest." Her goals here include ensuring that policy and procedures are followed, and more importantly, that every resident's needs are met. She's committed to doing her best each day and being a consistent, reliable support system for those she serves.

Outside of work, Tashia finds peace in nature—especially by waterfalls—and enjoys gaining new experiences. Her personal motto? "Anything is possible. Always believe in the impossible." And when things get tough, she reminds herself of one simple rule: "Stay calm."

Please join us in giving Tashia a warm Eastchester welcome!