

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

EASTCHESTER REHABILITATION AND HEALTH CARE CENTER

10:00-Catholic Mass 4 10:30-Coffee Social 2:30-Room Visits 4:00-Slow Jams 	10:30-Spa/Music 5  2:30--Bingo 5:00-Titanic CH 2	10:30-Family Feud 6 10:30-Catholic Mass 4 th 2:30-Three Kings Day  5:00-Mary Mother of Jesus CH 2	Beautician 9-4 p.m. 7 10:30-Volleyball 2:30-Monthly Party  5:00-Four Brothers	10:30-Elvis Lives Day: 8 Happy Birthday Elvis!!!  2:30-Bingo 5:00-War Room CH 2	10:30-EZ Detective 2 Puzzle 2:30-Happy Hour  5:00-Mr. & Mrs. Smith	10:00 Joel Osteen Ministry 3 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie on CH2 
10:00-Catholic Mass 11 10:30-Coffee Social 2:30-Bingo on 4 th FL 4:00-Slow Jams 	10:30-Morning Social 12 2:30-Arts & Craft: Martin Luther king Jr.  5:00-Amend EP 2 CH 2	10:30-EZ Detective 13 Puzzle  2:30-Bingo 5:00-Amend EP 3 CH 2	10:30-Brain Teasers 14 2:30-Puzzles/Music  5:00-Amend EP 4 CH 2	10:30-Zumba Class 15  2:30-Bingo 5:00-Amend EP 5 CH 2	10:30-Soul Train 16 2:30-Happy Hour  5:00-Amend EP 6 CH 2	10:00 Joel Osteen Ministry 17 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie on CH2 
10:00-Catholic Mass 18 10:30-Coffee Social 2:30-Room Visits 4:00-Slow Jams 	10:30-I Have A Dream 19 Speech  2:30-Martin Luther King Jr. Celebration 5:00-Rustin CH 2 Martin Luther King Jr. Day	10:30-Table Games 20  10:30-Catholic Mass 4 th fl 2:30-Bingo 5:00-Brother Outsider CH 2	Beautician 9-4 p.m. 21 10:30-Soul Train: Let's Groove!!!  2:30-Coloring/Music 5:00-13 th CH 2	10:30-Bowling 22  2:30-Bingo 5:00-Blood Brother CH 2	10:30-Freestyle 23 2:30-Disco Day: Let's Groove!!!  5:00-Not Easily Broken CH 2	10:00 Joel Osteen Ministry 24 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie on CH2 
10:00-Catholic Mass 25 10:30-Coffee Social 2:30-Bingo on 4 th FL 4:00-Slow Jams 	10:30-Current Events 26 2:00-Resident Council/Bingo Store 4 th 2:30-Arts & Craft: Color By Number 5:00-We Grown Now CH Australia Day (Observed)	10:30-Mad Hatter Day 27  2:30-Bingo 5:00-Forrest Gump	10:30-Basketball 28  2:30-Activity Professionals Week Celebration 5:00-The Sandlot CH 2	10:30-Nat.Puzzle Day 29  2:30-Bingo 5:00-The Closer CH 2	10:30-Animal Planet 30 2:30-Happy Hour  5:00-Dante's Peak CH 2	10:00 Joel Osteen Ministry 31 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie on CH2 

MARIA JALPAY-RECREATION LEADER

5TH FLOOR

PHONE:EXT.6127

ALL PROGRAMS ARE SUBJECT TO CHANGE