

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

EASTCHESTER REHABILITATION AND HEALTH CARE CENTER

10:00 Catholic Mass 4 10:30 Coffee Klatch 2:30 Reminisce 4:00 Slow Jams CH2 	10:30 Spa 5 2:30 Bingo  5:00 Titanic CH 2	10:30 Catholic Mass 6 10:30 Coffee Cart 2:30 Three Kings Day Celebration 5:00 Mary Mother of Jesus CH 2	9-4 Beautician 7  2:30 Birthday Party 5:00 Four Brothers CH	10:30 Elvis Lives Day 8  2:30 Bingo 5:00 War Room CH 2	10:30 Hangman 2 2:30 Happy Hour  5:00 Mr. & Mrs. Smith CH 2	10:00am-Joel Osteen 3 Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2
10:00 Catholic Mass 11 on Channel 2 10:30 Morning Visits 2:30pm-Bingo  4:00pm-Slow Jams	10:30 Yoga 12 2:30 Word Search  5:00 Amend EP 2 CH 2	10:30 Coffee Convo 13 2:30 Bingo  5:00 Amend EP 3 CH 2	10:30 Free Style 14 2:30 Learn to Draw  5:00 Amend EP 4 CH 2	10:30 National Bagel Day 15  2:30 Bingo 5:00 Amend EP 5 CH 2	10:30 National Tulip Day 16  2:30 Happy Hour 5:00 Amend EP 6 CH 2	10:00am-Joel Osteen 17 Ministry CH2 10:30 Morning Visits 2:00pm-Soul Music 2:30pm-Dear Abby 4:30pm-Evening Movie
10:00 Catholic Mass 18 10:30 Coffee Klatch 2:30 Travel Club 4:00 Slow Jams CH2 	10:30 Gourmet Coffee Day 19 2:30 MLK Celebration  5:00 Rustin CH 2 Martin Luther King Jr. Day	10:30 Catholic Mass 20 10:30 Coffee Cart 2:30 Bingo  5:00 Brother Outsider	9-4 Beautician 21  5:00 13 th CH 2	10:30 Cooking group 22  2:30 Bingo 5:00 Blood Brother	10:30 Table Games 23 2:30 Disco Day  5:00 Not Easily Broken	10:00am-Joel Osteen 24 Ministry CH2 10:30-Morning Visits 2:00pm-Soul Music 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2
10:00 Catholic Mass 25 10:30 Morning Visits 2:30pm-Bingo  4:00 -Slow Jams CH2	10:30 Trivia 26 2:30 Res. Council/ Bingo Store  5:00 We Grown Now Australia Day (Observed)	10:30 Coffee Convo 27  2:30 Bingo 5:00 Forrest Gump	10:30 Learn to Draw 28 2:30 Activity Professionals Week Celebration  5:00 The Sandlot CH 2	10:30 Spa 29  2:30 Bingo 5:00 The Closer CH 2	10:30 National Hot Chocolate Day 30  2:30 Happy Hour 5:00 Dante's Peak CH 2	10:00am-Joel Osteen 31 Ministry CH2 10:30 Morning Visits 2:00-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2

Ariel Gomez, Recreation Leader

EX: 6127

1st Floor

** ALL PROGRAMS ARE SUBJECT TO CHANGE**