

Sunday

Monday

Tuesday

Wednesday

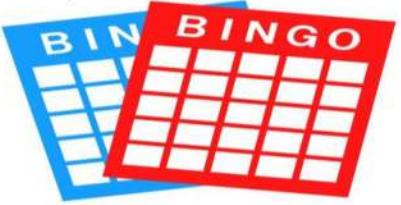
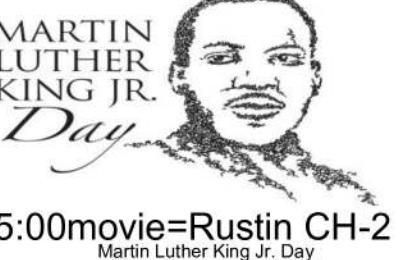
Thursday

Friday

Saturday

January 2026

EASTCHESTER REHAB

10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30pm-Bingo 4:00pm-Slow Jams CH2	4 10:30-Seated Work outs 2:30pm-Bingo  5 10:30am-Catholic Mass 2:30pm-Three Kings Day celebration  5:00pm-movie=Mary Mother Of Jesus CH2	5 10:30am-Catholic Mass 2:30pm-Three Kings Day celebration  5:00pm-movie=Mary Mother Of Jesus CH2	6 10:30 Seated stretches 2:30pm-Winter Ball 9am-4:00pm-Beautician  5:00pm-movie=Four Brothers CH2	7 10:30am-Wii Gaming 2:30pm-Bingo  5:00pm-movie=War Room CH2	10:30am-Cofee Cart 2:30pm-Bingo  5:00pm-movie=Happy New Year CH2 New Year's Day	1 10:30 Seated Stretches 2:30pm-Happy Hour  5:00 Mr. & Mrs. Smith CH2	2 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2
10:00 Catholic Mass on Channel 2 10:30am-Morning Visits 2:30pm-Bingo 4:00pm-Slow Jams CH2	11 10:30Seated Stretches 2:30pm-Let's Make a Snow Man.  5:00movie =Amend EP	12 10:30 Draw With Mike 2:30pm-Bingo  5:00=Amend EP 3 CH2	13 10:30 Seated Work outs 2:30pm-Wii Gaming  5:00 Amend EP4 CH2	14 10:30 National Bagel Day 2:30pm-Bingo  5:00 Amend EP 5 CH2	10:30 Seated Stretches 2:30pm-Happy Hour  5:00pm-movie=Amend EP6 CH2	9 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2	10 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2
10:00am-Catholic Mass on Channel 2 10:30am-Morning Visits 2:30pm-Bingo 4:00pm-Slow Jams CH2	18 10:30Seated Work out 2:30 MLK Day Celebration  5:00movie=Rustin CH-2 Martin Luther King Jr. Day	19 10:30 Catholic Mass 2:30pm-Bingo  5:00pm-movie=Brother Outsider CH2	20 10:30Seated Stretches 2:30pm-Spelling Bee 9am-4pm-Beautician   5:00 -movie=13 th CH2	21 10:30am-Cofee Cart 2:30pm-Bingo  5:00 Blood Brother CH2	22 10:30 Morning Work outs 2:30pm-Happy Hour/ Disco Day  5:00 Not Easily Broken CH2	16 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2	17 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2
10:00am-Catholic Mass on Channel 2 10:30am-Morning Visits 2:30pm-Bingo 4:00pm-Slow Jams CH2	25 10:30 Seated Stretches 2:30pm-Heng Man  5:00pm-movie=We Grown Now CH2 Australia Day (Observed)	26 10:30am-cofee cart 2:30pm-Bingo  5:00 Forrest Gump CH2	27 10:30 Seated Work Outs 2:30pm-Activities Professionals Week  5:00pm-movie=The Sandlot CH2	28 10:30 Hot Cocoa Social 2:30pm-Bingo  5:00pm-movie=The Closer CH2	29 10:30 Draw With Mike 2:30pm -Happy Hour  5:00pm-movie=Dantes Peak CH2	30 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2	31 10:00am-Joel Osteen Ministry CH2 10:30am-Morning Visits 2:00pm-Soul Music Ch2 2:30pm-Dear Abby 4:30pm-Evening Movie Ch2