

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 Eastchester Rehabilitation and HCC			10:30 Patio  2:30 July Trivia 5:00 The Redeem Team Canada Day	10:30 Pamper and Polish  2:30 Bingo 5:00 Da 5 Bloods CH2	10:30 Would you Rather?  2:30 Happy Hour 5:00 Washington CH2	10:00 Joel Osteen Ministry  10:30 Morning visits 2:30 Dear Abby 4:00 Evening Movie CH2
10:00 Catholic Mass 10:30 Coffee Social 2:30 Jeopardy 4:00 Slow Jams CH2 	10:30 Patio 2:30 Ice Cream Day  5:00 All Quiet on the Western Front CH2	10:30 Current Events 2:30 Bingo  5:00 Song Sung Blue	11:00 BBQ  2:30 Color by the # 5:00 Mudbound CH2	10:30 Morning Exercise 2:30 Bingo  5:00 The Hard Way	10:30 What's your verdict?  2:30 Happy Hour 5:00 Dolemite Is My Name CH2 	10:00 Joel Osteen Ministry 10:30 Morning visits 2:30 Dear Abby 4:00 Evening Movie CH2
10:00 Catholic Mass 10:30 Coffee Social 2:30 Bingo 4 th Floor  4:00 Slow Jams CH2	10:30 Community Walk  2:30 Afternoon social 5:00 Office Romance	10:30 What's Your story?  2:30 Bingo 5:00 Cleaner CH2 Bastille Day	10:30 Morning Yoga 2:30 Birthday Party  5:00 The Crash CH2	10:30 Patio  2:30 Bingo 5:00 The Rip CH2	10:30 Word Game 2:30 Happy Hour  5:00 Remarkably Bright Creatures CH2	10:00 Joel Osteen Ministry 10:30 Morning visits 2:30 Dear Abby 4:00 Evening Movie CH2 
10:00 Catholic Mass 10:30 Coffee Social 2:30 Jeopardy 4:00 Slow Jams CH2 	10:30 Patio 2:30 Ice Cream Social  5:00 Beast of No Nations CH2	10:30 Morning exercise 2:30 Bingo  5:00 Pitch Black CH2	11:00 BBQ  2:30 Dear Abby 5:00 The Chronicles of Riddick CH2	10:30 What's the Song 2:30 Bingo  5:00 Us and Them CH2	10:30 Pamper & Polish  2:30 Happy Hour 5:00 The Wedding Date CH2	10:00 Joel Osteen Ministry 10:30 Morning visits 2:30 Dear Abby 4:00 Evening Movie CH2 
10:00 Catholic Mass 10:30 Coffee Social 2:30 Bingo 4 th Floor  4:00 Slow Jams CH2	10:30 Community Walk  2:30 Arts and Craft 5:00 The Piano Lesson	10:30 Trivia  2:30 Bingo 5:00 Purple Hearts	10:30 Meditation  2:30 Bingo store 4 th FL 5:00 Copycat CH2	10:30 Learn to Draw  2:30 Bingo 5:00 Straw CH2	10:30 Trivia 2:30 Happy Hour  5:00 The Last Witch	"Age is no barrier. It's a limitation you put your mind." 

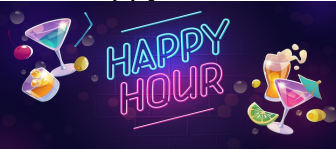
Recreation Leader:

EXT:6127

1st Floor

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 EASTCHESTER REHABILITATION AND HEALTH CARE CENTER			10:00 Morning Stretch 1  2:30 Nails Spa 5:00 The Redeem Team Canada Day	10:00 AM Story Time 2  2:30 Bingo 5:00 Da 5 Bloods CH2	10:00 Sensory Basket 3  2:30 July 4th celebration 5:00 Washington CH2	10:00 Joel Osteen Ministry CH-2 4 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2 
10:00 Catholic Mass CH2 5 10:30 Morning Visit 2:00 Movie CH2 2:30 Afternoon Room Visits 4:30 Slow Jams CH-2	10:00 AM Sensory Stimulation 6 2:30 Pamper & Polish  5:00 All Quiet on the Western Front CH2	10:00 AM Story Time 7 10:30 Catholic Mass 4-FL 2:30 Bingo  5:00 Song Sung Blue	12:00 BBQ 8  5:00 Mudbound CH2	10:00 Sensory Basket 9 2:30 Bingo  5:00 The Hard Way CH2	10:00 Hand Massage 10  2:30 Happy Hour 5:00 Dolemite is	10:00 Joel Osteen Ministry CH-2 11 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
10:00 Catholic Mass CH2 12 10:30 Morning Visit 2:00 Movie CH2 2:30 Afternoon Room Visits 4:30 Slow Jams CH-2	10:00 AM Sensory Stimulation 13 2:30 Spa  5:00 Office Romance -Ch 2	10:00 Activity Cart 14  2:30 Bingo 5:00 Cleaner Ch-2 Bastille Day	10:00 Sensory Stim. 15 2:30 Birthday Party 4FL  5:00-The Crash CH2	10:00 Sensory Basket. 16 2:30 Bingo  5:00- The Rip CH2	10:00 Sensory Stim. 17 2:30 Happy Hour  5:00-Remarkably Bright Creatures CH2	10:00 Joel Osteen Ministry CH-2 18 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
10:00 Catholic Mass CH2 19 10:30 Morning Visit 2:00 Movie CH2 2:30 Afternoon Room Visits 4:30 Slow Jams CH-2	10:00 AM Sensory Stimulation 20 2:30 PM Story Time  5:00 Beast of No Nations CH2	10:30 Activity Cart 21 10:30 Catholic Mass 4-FL 2:30 Bingo  5:00 Pitch Black CH2	12:00 BBQ 22  5:00 The Chronicles of Riddick Ch-2	10:30 Activity Cart 23 2:30 Bingo  5:00 Us and Them CH2	10:00 AM Sensory Stimulation 24 2:30 Spa/Pamper  5:00 The Wedding Date	10:00 Joel Osteen Ministry CH-2 25 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
10:00 Catholic Mass CH2 26 10:30 Morning Visit 2:00 Movie CH2 2:30 Afternoon Room Visits 4:30 Slow Jams CH-2	10:00 Sensory Stim. 27  2:30 Activity Cart 5:00 The Piano Lesson	10:00 Sensory-Stimul 28 2:30 Bingo  5:00 Purple Hearts	10:00 AM Reminisce 29 2:30 Resident Council/ Bingo Store 4th Fl  5:00 Copycat CH2	10:00 AM Story Time 30 2:30 Bingo  5:00 Straw CH2	10:00 AM Story Time 31  2:30 Happy Hour 5:00 The Last Witch	

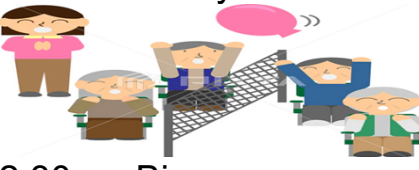
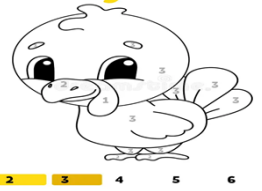
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 "July is like the sunniest hour of the day".			10:30 Chair Exercise 1  2:30 Dear Abby 5:00 The Redeem Team Canada Day	10:30 Table Games 2 2:30 Bingo  5:00 Da 5 Bloods CH2	10:30 Freestyle 3 2:30 Happy Hour  5:00 Washington CH2	10:00 Joel Osteen 4 Ministry 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie  Independence Day (U.S.)
10:00 Catholic Mass 5 on CH2 10:30 Coffee Klatch 2:30 Patio Hour  4:00 Slow Jams CH2	10:30 Reminisce 6 2:30 Ice Cream Social  5:00 All Quiet on the Western Front CH2	10:00 Catholic Mass 7  10:30 Creative Minds 2:30 Bingo 5:00 Song Sung Blue	12:00 BBQ 8  3:00 Virtual Tour 5:00 Mudbound CH2	10:30 Independent 9 Intervention 2:30 Bingo  5:00 The Hard Way	10:30 Freestyle 10 2:30 Happy Hour  5:00 Dolemite is CH2	10:00 Joel Osteen 11 Ministry 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie 
10:00 Catholic Mass 12 on CH2 10:30 Coffee Klatch 2:30 Bingo 4 th FL  4:00 Slow Jams CH2	10:30 Patio 13  2:30 History Club 5:00 Office Romance	10:30 Artsy Hands 14  2:30 Bingo 5:00 Cleaner CH2 Bastille Day	10:30 Movement 15 2:30 Birthday Party  5:00 The Crash CH2	10:30 Musically 16 2:30 Bingo  5:00 The Rip CH2	10:30 Freestyle 17 2:30 Happy Hour  5:00 Remarkably Bright Creatures CH2	10:00 Joel Osteen 18 Ministry 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie 
10:00 Catholic Mass 19 on CH2 10:30 Coffee Klatch 2:30 Patio Hour  4:00 Slow Jams CH2	10:30 5Ws? 20 2:30 Ice Cream Social  5:00 Beast of No Nations CH2	10:00 Catholic Mass 21 10:30 Paint w/ T  2:30 Bingo 5:00 Pitch Black CH2	12:00 BBQ 22  3:00 Travelogue 5:00 The Chronicles of Riddick Ch-2	10:30 Adult Coloring 23 2:30 Bingo  5:00 Us and Them CH2	10:30 Freestyle 24 2:30 Happy Hour  5:00 The Wedding Date	10:00 Joel Osteen 25 Ministry 10:30 Morning Visits 2:30 Dear Abby 4:30 Evening Movie 
10:00 Catholic Mass 26 on CH2 10:30 Coffee Klatch 2:30 Bingo 4 th FL  4:00 Slow Jams CH2	10:30 Patio 27 2:30 Pamper Hands  5:00 The Piano Lesson CH2	10:30 Crafter Corner 28  2:30 Bingo 5:00 Purple Hearts CH2	10:30 Yoga 29  2:30 Resident Council/ Bingo Store 4 th floor 5:00 Copycat CH2	10:30 Card Games 30 2:30 Bingo  5:00 Straw CH2	10:30 Freestyle 31 2:30 Happy Hour  5:00 The Last Witch C	Eastchester Rehab and Health Care Center 

Recreation Leader: Thahera Humaira

3rd Floor

EXT:6180

*** ALL PROGRAMS ARE SUBJECT TO CHANGE***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30am-coffee cart 2:30pm-Heng-Man  5:00pm-movie on CH2: The Redeem Team Canada Day	10:30am-Arts & Crafts 2:30pm-Bingo  5:00pm-movie-CH2= Da 5 Bloods	10:30Color By Numbers 2:30July 4 th Celebration  5:00pm-movie-=1917	10:00 Joel Osteen Ministry CH-2 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2 Independence Day (U.S.)
5 10:00am-Catholic Mass 10:30am-Coffee Social 2:30-pmRoom Visits 4:00-pmSlow Jams CH2 	6 10:30Morning Stretches 2:30pm-Ice Cream Social  5:00pm Movie: All Quiet on the Western Front	7 10:00am-Catholic Mass  2:30pm-Bingo 5:00pm-movie= Get Hard	8 12:00PM-BBQ  2:30pm-Table Games 5:00pm-movie-CH2= Mudbound	9 10:30am-Freestyle 2:30pm-Bingo  5:00pm-movie-CH2= The Harder They Fall	10 10:30am-Morning Stretches 2:30pm-Happy Hour  5:00pm-movie-CH2= Dolemite Is My Name	11 10:00 Joel Osteen Ministry CH-2 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
12 10:00am-Catholic Mass CH2 10:30am-Cofee Klatch 2:30pm-Bingo 4th FL 4:00pm-Slow Jams CH2	13 10:30 Morning Walk 2:30pm-Word Jumble  5:00pm-movie-CH2= Office Romance	14 10:30am-Balloon Volleyball  2:30pm-Bingo 5:00 Cleaner on Ch-2 Bastille Day	15 10:30am-Pictionary 2:30pm-Birthday Party  5:00pm-movie-CH2= The Crash	16 10:30am-Cofee cart 2:30pm-Bingo  5:00pm-movie= The Rip	17 10:30 Jewelry Making  2:30pm-Happy Hour 5:00pm= Remarkably Bright Creatures	18 10:00 Joel Osteen Ministry CH-2 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
19 10:00am-Catholic Mass 10:30am-Coffee Social 2:30pm-Room Visits 4:00pm-Slow Jams	20 10:30 Morning Stretch 2:30pm-Ice Cream Social  5:00pm-movie-CH2= Beast of No Nations	21 10:00amCatholic Mass  2:30pm-Bingo 5:00pm-movie-CH2= Ali	22 12:00pm-BBQ  2:30pm-Table Games 5:00pm-movie-CH2= The chronicles of Riddick	23 10:30am-Patio Time  2:30pm-Bingo 5:00pm-movie-CH2= Us	24 10:30am-Cofee Cart 2:30pm-Happy Hour  5:00pm-CH2= The Intern	25 10:00 Joel Osteen Ministry CH-2 10:30 Morning Visits 2:00 Soul Music Ch-2 2:30 Afternoon Visits 4:30 Evening Movie Ch2
26 10:00am-Catholic Mass 10:30am-Coffee Social 2:30pm-Bingo on 4th FL 4:00pm-Slow Jams	27 10:30amMorning Walk 2:30pm-Pictionary  5:00pm-movie-CH2= The Piano Lesson	28 10:30 Color by #s Color by numbers  5:00pm-movie-CH2= Purple Hearts	29 10:30 -Arts And Crafts 2:30pm-Resident Council/Bingo Store  5:00pm-movie= Copycat	30 10:30am-Freestyle 2:30pm-Bingo  5:00pm-CH2= Straw	31 10:30am-Morning Stretches 2:30pm-Happy Hour  5:00pm-movie-CH2= The Last Witch	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

EASTCHESTER REHABILITATION AND HEALTH CARE

10:00-Catholic Mass 5
10:30-Coffee Social
2:30-Room Visits
4:00-Slow Jams



10:30-Patio Time 6
2:30-Ice Cream Social



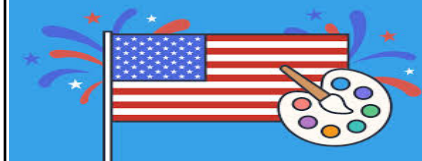
5:00- All Quiet on the Western Front CH2

10:30-Catholic Mass 4FL 7
10:30-EZ Detective Puzzles



2:30- **Bingo**
5:00- Song Sung Blue

10:30-Brain Teaser 1
2:30-Arts & Crafts: Independence Day Flag



5:00-The Redeem Team CH2
Canada Day

10:30-Bowling 2



2:30- **Bingo**
5:00-Da 5 Bloods CH2

10:30-Holiday Trivia 3
2:30-July 4th Celebration!!!



5:00- Washington CH2

10:00-Joel Osteen Ministry 4
10:30-Morning Visits
2:30-Dear Abby
4:30-Evening Movie on CH2



Independence Day (U.S.)

10:00-Catholic Mass 12
10:30-Coffee Social
2:30-Bingo on 4th FL
4:00-Slow Jams



10:30-Community Walk 13
FREE!
COMMUNITY WALK



2:30-Arts & Crafts
5:00- Office Romance CH2

10:30-Animal Planet: Shark Awareness Day 14



2:30- **Bingo**
5:00- Cleaner CH2
Bastille Day

10:30- Current Events 15



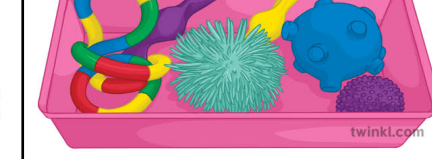
2:30-Monthly Party
5:00-The Crash CH2

10:30- Parachute Exercises 16



2:30- **Bingo**
5:00- The Rip CH2

10:30-Sensory Games 17



2:30-Happy Hour
5:00-Remarkably Bright Creatures CH2

10:00-Joel Osteen Ministry 18
10:30-Morning Visits
2:30-Dear Abby
4:30-Evening Movie on CH2



10:00-Catholic Mass 19
10:30-Coffee Social
2:30-Room Visits
4:00-Slow Jams



10:30-Patio Time 20
2:30-Ice Cream Social



5:00-Beast of No Nations CH2

10:30-Catholic Mass 4FL 21
10:30-Morning Social: National Junk Food Day



2:30- **Bingo**
5:00- Pitch Black CH2

12:00- Resident BBQ!!! 22



2:30-You Be The DJ
5:00- The Chronicles of Riddick Ch-2

10:30- Volleyball 23



2:30- **Bingo**
5:00-Us and Them CH2

10:30-Musical Concert: Prince 1988 Performance 24



2:30-Happy Hour
5:00- The Wedding Date

10:00-Joel Osteen Ministry 25
10:30-Morning Visits
2:30-Dear Abby
4:30-Evening Movie on CH2



10:00-Catholic Mass 26
10:30-Coffee Social
2:30-Bingo on 4th FL
4:00-Slow Jams



10:30-Community Walk 27
FREE!
COMMUNITY WALK



2:30- Puzzles/Music
5:00-The Piano Lesson

10:30- Family Feud 28



2:30- **Bingo**
5:00-Purple Hearts CH2

10:30-Morning Social 29
2:30-Resident Council/ Bingo Store 4th FL



5:00-Copycat CH2

10:30- Hockey 30



2:30- **Bingo**
5:00-Straw CH2

10:30-Coloring/Music 31



2:30-Happy Hour
5:00-The Last Witch CH2



MARIA JALPAY-RECREATION LEADER

5TH FLOOR

PHONE: EXT. 6127

ALL PROGRAMS ARE SUBJECT TO CHANGE