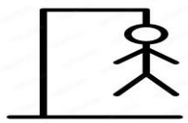
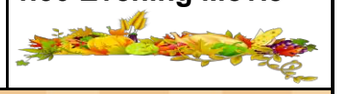
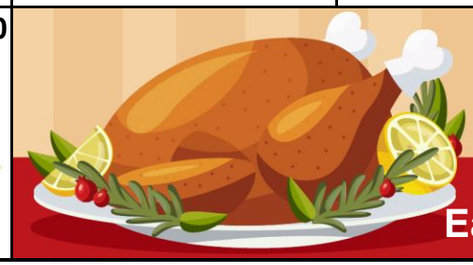
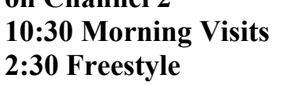
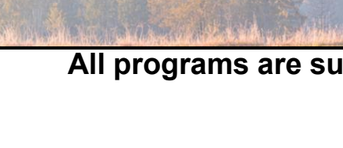
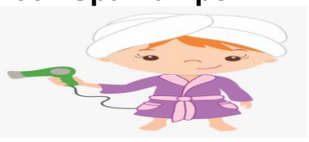
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00 Catholic Mass** **10:30 Coffee Klatch** **2:30 Bingo on 4th FL**  **4:00 Slow Jams CH2** Daylight Saving Time Ends	**2** **10:30 Coffee Cart** **2:30 Spelling Bee**  **2:30 Freestyles** 5:00 I Swear-CH2	**3** **10:30 Dear Abby** **2:30 Bingo 3rd Floor**  5:00 Office Romance-	**4** 10:30 Crafter Corner  2:30 Read Out Loud 5:00 The Senior-CH2	**5** 10:30 Color by # **2:30 Bingo 3rd Floor**  5:00 War Machine-CH2	**6** 10:30 Table Games 2:30 Happy Hour  5:00 Jay Kelly-CH2	**7** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 C.A.R.E. Program On 4th Floor day room** **4:30 Evening Movie** 
8 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Word Game** **4:00 Slow Jams CH2** 	**9** 10:30 Color by # 2:30 Hangman  5:00 The Whisper Man	**10** **10:00 Catholic Mass**  **2:30 Bingo 3rd Floor** 5:00 Carry-On-CH2	**11** **10:30 Sing-A-Longs**  2:30 Honor a Veteran 5:00 The Killer-CH2 Veterans Day Remembrance Day (Canada)	**12** 10:30 Musical Trivia **2:30 Bingo 3rd Floor**  5:00 Stone Cold Fox-	**13** 10:30 Table Games 2:30 Happy Hour  5:00 The Union-CH2	**14** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie** 
15 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2** 	**16** 10:30 What's new on the News?  2:30 Guess Who? 5:00 Fast Charlie-CH2	**17** **10:30 Reminisce** **2:30 Bingo 3rd Floor**  5:00 Bone Lake-CH2	**18** 10:30 Table Games **2:30 Monthly Party 4FL**  5:00 Goodbye June	**19** 10:30 Color by # **2:30 Bingo 3rd Floor**  5:00 Midwinter Break	**20** 10:30 Memory Game 2:30 Happy Hour  5:00 Doing Life-CH2	**21** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie** 
22 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Riddles** **4:00 Slow Jams CH2** 	**23** 10:30 This Day in History 2:30 Pictionary  5:00 Maestro-CH2	**24** **10:00 Catholic Mass**  **2:30 Bingo 3rd Floor** 5:00 Blue Moon-CH2	**25** 10:30 Art Therapy  **3:00 Bingo Store 4th FL** 5:00 In Your Dreams	**26** **10:30-Macy's Thanksgiving Day Parade**  **2:30 Bingo 3rd Floor** 5:00 Animals-CH2 Thanksgiving Day (USA)	**27** 10:30 Adult Coloring 2:30 Thankful Hour  5:00 The Breadwinner-CH	**28** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie** 
29 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2** 	**30** 10:30 Jeopardy 2:30 Pictionary  5:00 Song Sung Blue-					

Recreation Leader: **1st Floor** **EXT:6127** ***ALL PROGRAMS ARE SUBJECT TO CHANGE***

November 2026

EASTCHESTER REHABILITATION AND HEALTH CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30 Freestyle 4:00 Slow Jams CH2  aving Time Ends	**2** 10:00 Morning Stretches 2:30 Hand Massage  5:00-I Swear-CH2	**3** 10:00 Sensory-Stimuli 2:30 Bingo  5:00-Office Romance-	**4** 10:00 AM Sensory Stimulation 2:30 Nails Day  5:00-The Senior-CH2	**5** 10:00 Soul Music 2:30 Bingo  5:00-War Machine-CH2	**6** 10:00 Sensory Basket  2:30 Spa/Pamper 5:00-Jay Kelly-CH2	**7** 10:00 Joel Osteen- CH3 10:30 Morning Visits 2:30 Dear Abby 4:00 Evening Movie- 
8 10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30 Freestyle 4:00 Slow Jams CH2  Diwali (Hindi)	**9** 10:00 Activity Cart  2:30 Story Time 5:00-The Whisper Man-	**10** 10:00 AM Sensory Stimulation 2:30 Bingo  5:00-Carry-On-CH2	**11** 10:00 Sensory-Stimuli  2:30-Veteran's Day Celeb. 5:00-The Killer-CH2 Veterans Day Remembrance Day (Canada)	**12** 10:00 Morning Stretches 2:30 Bingo  5:00-Stone Cold Fox	**13** 10:00 AM Sensory Stimulation 2:30 PM Arts & Crafts  5:00-The Union-CH2	**14** 10:00 Joel Osteen- CH3 10:30 Morning Visits 2:30 Dear Abby 4:00 Evening Movie- CH3 
15 10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30 Freestyle 4:00 Slow Jams CH2 	**16** 10:00 AM Sensory Stimulation 2:30 Spa/Pamper  5:00-Fast Charlie-CH2	**17** 10:00 Sensory-Stimuli 2:30 Bingo  5:00-Bone Lake-CH2	**18** 10:00 AM Sensory 2:30 Music Reminisce  2:30-Monthly Party 5:00-Goodbye June-	**19** 10:00 Activity Cart 2:30 Bingo  5:00-Midwinter Break	**20** 10:00 AM Story Time  2:30 Hand Massage 5:00-Doing Life-CH2	**21** 10:00 Joel Osteen- CH3 10:30 Morning Visits 2:30 Dear Abby 4:00 Evening Movie- CH3 
22 10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30 Freestyle 4:00 Slow Jams CH2 	**23** 10:00 AM Sensory Stimulation 2:30 PM Arts & Crafts  5:00-Maestro-CH2	**24** 10:00 Sensory-Stimu. 2:30 Bingo  5:00-Blue Moon-CH2	**25** 10:00 Sensory Stim. 2:30 Pamper & Polish 2:30-Resident Council-Bingo Store- 4th FL  5:00-In Your Dreams	**26** 10:30-Macy's Thanks-Giving Day Parade 2:30 Bingo  5:00-Animals-CH2 Thanksgiving Day (U.S)	**27** 10:00 AM Sensory Stimulation 2:30 Spa/Pamper  5:00-The Breadwinner	**28** 10:00 Joel Osteen- CH3 10:30 Morning Visits 2:30 Dear Abby 4:00 Evening Movie- 
29 10:00 Catholic Mass on Channel 2 10:30 Morning Visits 2:30 Freestyle 4:00 Slow Jams CH2 	**30** 10:00 Sensory Stim.  2:30 PM Story Time 5:00-Song Sung Blue-					

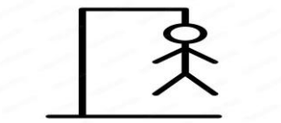
Jocelyn Cabral, Recreation Leader Phone ext. # 6127 All programs are subject to change

November 2026

Eastchester Rehab and Health Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2**	**2** 10:30 Family Feud 2:30 Travelogue 5:00 I Swear-CH2	**3** 10:30 Book Club 2:30 Bingo 5:00 Office Romance-CH2	**4** 10:30 Crafter Corner 2:30 Read Out Loud 5:00 The Senior-CH2	**5** 10:30 Sittercise 2:30 Bingo 5:00 War Machine-CH2	**6** 10:30 Color by # 2:30 Happy Hour 5:00 Jay Kelly-CH2	**7** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 C.A.R.E. Program On 4th Floor Day room** **4:30 Evening Movie**
8 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Word Game** **4:00 Slow Jams CH2**	**9** 10:30 Freestyles 2:30 Hangman 5:00 The Whisper Man	**10** **10:00 Catholic Mass** 10:30 Storytelling 2:30 Bingo 5:00 Carry-On-CH2	**11** 10:30 Red, White & Blue for our Veterans 2:30 Honor a Veteran 5:00 The Killer-CH2	**12** 10:30 Musical Stretch 2:30 Bingo 5:00 Stone Cold Fox-CH2	**13** 10:30 Table Games 2:30 Happy Hour 5:00 The Union-CH2	**14** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
15 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2**	**16** 10:30 What's new on the News? 2:30 Guess Who? 5:00 Fast Charlie-CH2	**17** 10:30 5Ws? 2:30 Bingo 5:00 Bone Lake-CH2	**18** 10:30 Painting 2:30 Taboo **2:30 Monthly Party 4FL** 5:00 Goodbye June	**19** 10:30 AM Fitness 2:30 Bingo 5:00 Midwinter Break-CH2	**20** 10:30 Memory Game 2:30 Happy Hour 5:00 Doing Life-CH2	**21** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
22 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Riddles** **4:00 Slow Jams CH2**	**23** 10:30 This Day in History 2:30 Pictionary 5:00 Maestro-CH2	**24** **10:00 Catholic Mass** 10:30 Devotion 2:30 Bingo 5:00 Blue Moon-CH2	**25** 10:30 Art Therapy 2:30 Resident Council/ Bingo Store 5:00 In Your Dreams-CH2	**26** 10:30 Sit and Be Fit 2:30 Bingo 5:00 Animals-CH2	**27** 10:30 Adult Coloring 2:30 Thankful Hour 5:00 The Breadwinner-CH2	**28** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
29 **10:00 Catholic Mass on CH2** **10:30 Coffee Klatch** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2**	**30** 10:30 Jeopardy 2:30 Pretty Nails 5:00 Song Sung Blue-CH2					

Recreation Leader: Thahera Humaira **3rd Floor** **EXT:6127** ***ALL PROGRAMS ARE SUBJECT TO CHANGE***

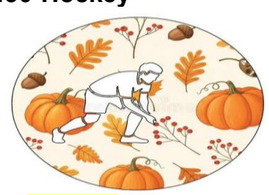
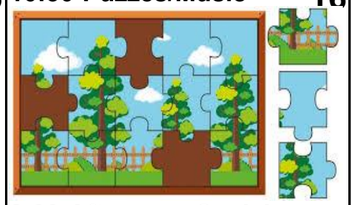
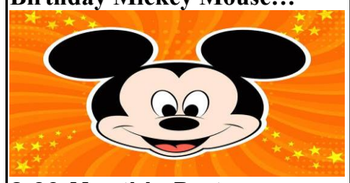
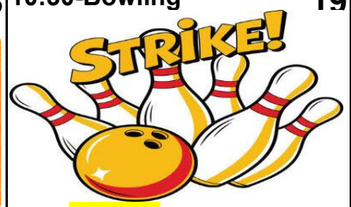
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00 Catholic Mass** **10:30 Am Visits** **2:30 Bingo on 4th FL**  **4:00 Slow Jams CH2** Daylight Saving Time Ends	**2** 10:30am-Seated Stretches with Mike 2:30pm-Wii Gaming  5:00 I Swear-CH2	**3** 10:30 Armchair Travel **2:30 Bingo**  5:00 Office Romance-	**4** 10:30am- Coffee Cart  2:30 Dear Abby 5:00 The Senior-CH2	**5** 10:30 Color by # **2:30 Bingo**  5:00 War Machine-CH2	**6** 10:30 Table Games 2:30 Happy Hour  5:00 Jay Kelly-CH2	**7** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 C.A.R.E. Program On 4th Floor day room** **4:30 Evening Movie**
8 **10:00 Catholic Mass on CH2** **2:30 Word Game** **4:00 Slow Jams CH2**  Diwali (Hindi)	**9** 10:30am-Seated Stretches with Mike 2:30pm-Spelling Bee  5:00 The Whisper Man	**10** **10:00 Catholic Mass**  **2:30 Bingo** 5:00 Carry-On-CH2	**11** 10:30 Table Games  2:30 Honor a Veteran 5:00 The Killer-CH2 Veterans Day Remembrance Day (Canada)	**12** 10:30 Musical Trivia **2:30 Bingo**  5:00 Stone Cold Fox-	**13** 10:30 Learn to Draw 2:30 Happy Hour  5:00 The Union-CH2	**14** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
15 **10:00 Catholic Mass on CH2** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2** 	**16** 10:30 Color by # 2:30 Hangman  5:00 Fast Charlie-CH2	**17** 10:30am-Wii Gaming **2:30 Bingo Floor**  5:00 Bone Lake-CH2	**18** 10:30 Table Games **2:30 Monthly Party**  4 5:00 Goodbye June	**19** 10:30 Travel **2:30 Bingo**  5:00 Midwinter Break	**20** 10:30 Memory Game 2:30 Happy Hour  5:00 Doing Life-CH2	**21** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
22 **10:00 Catholic Mass on CH2** **2:30 Riddles** **4:00 Slow Jams CH2** 	**23** 10:30 Bam- Seated Stretches with Mike 2:30 Pictionary  5:00 Maestro-CH2	**24** **10:00 Catholic Mass**  **2:30 Bingo** 5:00 Blue Moon-CH2	**25** 10:30 Art Therapy  **3:00 Bingo Store** 5:00 In Your Dreams	**26** **10:30-Macy's Thanksgiving Day Parade**  **2:30 Bingo** 5:00 Animals-CH2 Thanksgiving Day (U.S.)	**27** 10:30 Friday Trivia 2:30 Thankful Hour  5:00 The Breadwinner-	**28** **10:00 Joel Osteen Ministry** **10:30 Morning Visits** **2:30 Dear Abby** **4:30 Evening Movie**
29 **10:00 Catholic Mass on CH2** **2:30 Bingo 4th FL** **4:00 Slow Jams CH2** 	**30** 10:30 Jeopardy 2:30 Pictionary  5:00 Song Sung Blue-					



Recreation Leader: Michael Mely **4th Floor** **EXT:6127** ***ALL PROGRAMS ARE SUBJECT TO CHANGE***

November 2026

EASTCHESTER REHABILITATION AND HEALTH CARE CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00-Catholic Mass 10:30-Coffee Social 2:30-Bingo on 4th FL 4:00-Slow Jams  Daylight Saving Time Ends	**2** 10:30-Arts & Crafts  2:30-Afternoon Social 5:00-I Swear-CH2	**3** 10:30-Hangman  2:30- Bingo 5:00-Office Romance-CH2	**4** 10:30-Parachute Exercise  2:30-Sensory Games 5:00-The Senior-CH2	**5** 10:30-Hockey  2:30- Bingo 5:00-War Machine-CH2	**6** 10:30-Freestyle 2:30-Happy Hour  5:00-Jay Kelly-CH2	**7** 10:00-Joel Osteen Ministry 10:30-Morning Visits 2:30 C.A.R.E. Program On 4th Floor day room 4:30-Evening Movie on CH2 
8 10:00-Catholic Mass 10:30-Coffee Social 2:30-Room Visits 4:00-Slow Jams  Diwali (Hindi)	**9** 10:30-Arts & Crafts: Happy Veterans Day!!!  2:30-Afternoon Social 5:00-The Whisper Man-CH2	**10** 10:00 Catholic Mass 10:30-Family Feud  2:30- Bingo 5:00-Carry-On-CH2	**11** 10:30-Veterans Day Trivia 2:30-Veteran's Day Celebration  5:00-The Killer-CH2 Veterans Day Remembrance Day (Canada)	**12** 10:30-Volleyball 2:30- Bingo on 4th Floor 2:45 PM Pet Therapy  5:00-Stone Cold Fox-CH2	**13** 10:30-Harvest Day Crossword Puzzles  2:30-Happy Hour 5:00-The Union-CH2	**14** 10:00-Joel Osteen Ministry 10:30-Morning Visits 2:30-Dear Abby 4:30-Evening Movie on CH2 
15 10:00-Catholic Mass 10:30-Coffee Social 2:30-Bingo on 4th FL 4:00-Slow Jams 	**16** 10:30-Puzzes/Music  2:30-Afternoon Social 5:00-Fast Charlie-CH2	**17** 10:30-Detective Puzzle  2:30- Bingo 5:00-Bone Lake-CH2	**18** 10:30-Arts & Crafts: Happy Birthday Mickey Mouse!!!  2:30-Monthly Party 5:00-Goodbye June-CH2	**19** 10:30-Bowling  2:30- Bingo 5:00-Midwinter Break-CH2	**20** 10:30-Morning Social  2:30-Happy Hour 5:00-Doing Life-CH2	**21** 10:00-Joel Osteen Ministry 10:30-Morning Visits 2:30-Dear Abby 4:30-Evening Movie on CH2 
22 10:00-Catholic Mass 10:30-Coffee Social 2:30-Room Visits 4:00-Slow Jams 	**23** 10:30-Arts & Crafts: Paint Your Own Turkey. Happy Thanksgiving!!!  2:30-Afternoon Social 5:00-Maestro-CH2	**24** 10:00 Catholic Mass 10:30-Morning Social: Pumpkin Loaf Cake Day  2:30- Bingo 5:00-Blue Moon-CH2	**25** 10:30-Word Puzzles 2:30-Resident Council- Bingo Store- 4th FL  5:00-In Your Dreams-CH2	**26** 10:30-Macy's Thanks-Giving Day Parade  2:30-Holiday Bingo 5:00-Animals-CH2 Thanksgiving Day (U.S)	**27** 10:30-Current Events  2:30-Happy Hour 5:00-The Breadwinner-CH2	**28** 10:00-Joel Osteen Ministry 10:30-Morning Visits 2:30-Dear Abby 4:30-Evening Movie on CH2 
29 10:00-Catholic Mass 10:30-Coffee Social 2:30-Bingo on 4th FL 4:00-Slow Jams 	**30** 10:30-Arts & Crafts 2:30-Afternoon Social  5:00-Song Sung Blue-CH2					

MARIA JALPAY-RECREATION LEADER | 5TH FLOOR | PHONE: EXT.6127 | ***ALL PROGRAMS ARE SUBJECT TO CHANGE***