


1 August 2025 

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Welcome to a brand new month! July was a blast—thank you to everyone who joined us for our Pioneer Day Celebration! It was such a joy seeing staff, families, and friends come together and make lasting memories.

We have even more fun in store this month! Get ready to rock around the clock with a 50's-themed event—details will be included with your upcoming activity sheet.

August also brings meaningful moments as we honor Purple Heart Day and World Humanitarian Day. Stay tuned and get ready for another month full of connection, celebration, and community!

Purple Heart Day is celebrated on August 7<sup>th</sup>. This day serves as a reminder of the sacrifices made by Purple Heart recipients and is a time to express gratitude for their service and valor. Purple Heart Day is not just a day to honor the medal itself, but also to acknowledge the courage and dedication of those who have earned it. It is a time to reflect on the cost of freedom and to remember the enduring spirit of service members who have been wounded or killed in combat. People can observe Purple Heart Day by attending ceremonies, displaying the Purple Heart flag or ribbon, visiting memorials, donating to veterans' causes, or simply expressing gratitude to service members.

World Humanitarian Day is celebrated on August 19<sup>th</sup>, a global observance to honor humanitarian workers and recognize the vital role they play in providing aid and assistance to people affected by crises. It also serves as a reminder of the dangers faced by these individuals and the importance of protecting them during conflicts and other emergencies.



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The day was established by the United Nations in 2008 to pay tribute to humanitarian workers who have lost their lives or been injured while carrying out their work. It's a day to remember those who have made the ultimate sacrifice in the service of humanity and to raise awareness about the challenges they face. We'd like to extend a heartfelt thank you to all the residents who generously support our donation efforts here at Sterling Court. Your kindness and contributions truly make a difference—especially as we recognize the spirit of giving during World Humanitarian Day. Together, we're creating a stronger, more compassionate community. Thank you for being a part of it!



### **New Resident**

We're absolutely delighted to welcome Hilburn to the Sterling Court family! We hope you're already starting to feel right at home in our community. Everyone here is excited to get to know you better and share in the journey ahead.

If there's anything you need or any way we can make your transition smoother, don't hesitate to reach out—we're here to help! Here's to new friendships, great times, and many wonderful memories at Sterling Court.



## **Employee of the Month August 2025**

Originally from Riverside, California, Aaron spent 21 years soaking up the Golden State sunshine before embarking on an LDS mission to Connecticut and Rhode Island. After his mission, life led him to beautiful St. George, where he and his two sons have proudly called home for the past 23 years.

Aaron has a passion for target shooting and firearms safety, and he's a true history buff—you'll often find him diving into books or documentaries about the past. One of his most cherished memories is meeting his wonderful second wife, a moment that changed his life for the better.

Today, Aaron finds joy in working at Sterling Court, where he loves spending time with our amazing residents and being part of a warm, caring community.

## **Resident of the Month August 2025**

Darylène was born and raised in Vernal, Utah, where she later raised her own three children—two sons, Robert and Wayne, and a daughter, Robin. Her life has been full of joy, love, and legacy, including 13 grandchildren and 12 great-grandchildren who continue to carry forward her adventurous and compassionate spirit.

One of Darylène's fondest memories is purchasing a 45-acre farm with her husband at the young age of 28, nestled at the mouth of Dry Fork Canyon. She lovingly calls it her "place of peace." The farm was bustling with life—35 head of sheep, 4 cattle, a Jersey milk cow, and 100 chickens. Darylène ran a small farm stand right out of her garage, selling fresh milk and eggs to the local community.



Gardening quickly became one of her favorite hobbies. Her land bloomed with strawberries, raspberries, grapes, and apples. The farm wasn't just a workplace—it was a haven. On weekends, it was the go-to spot for all her nieces and nephews.

When her youngest child left for college, Darylene moved to Salt Lake City and worked in accounting for Beneficial Life. The farm remained in the family, managed by her eldest son, who raised his children there as well. Even after he moved on, Darylene held onto the farm until 2008, when she finally sold it. Six years ago, she moved to St. George, where she enjoys a slower pace, warm weather, and a vibrant community.

Darylene is also a seasoned traveler. She's explored places like Peru—where she spent three weeks volunteering at an orphanage—and has been on numerous cruises, including trips to Alaska and through the Panama Canal.

A lifelong learner and storyteller, Darylene once entered a senior center writing contest and took home first place with a 500-word essay about her mother. Her talent didn't stop there—two of her essays were later published by the local community college. She wrote about the symbolism of hands, the beauty of rainbows, and the deep bond she shared with her mother. Rainbows, in particular, remain a touching reminder of her. Her parents, who passed away just six days apart, continue to be a profound part of her heart and memories.

Today, Darylene fills her days with creativity and calm. Her hobbies include gardening, oil painting, sewing, and weaving on a loom—each one a reflection of the warmth, resilience, and artistry that have defined her remarkable life.



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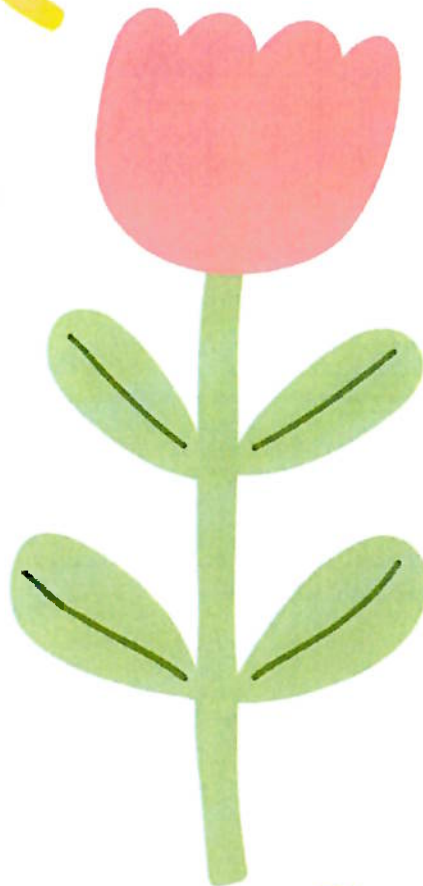


**Resident Birthdays**

Jack 8/1  
Digger 8/2  
Nancy 8/9  
Gary 8/10  
Scott C. 8/14  
Kim 8/15  
Carole T. 8/21

**Staff Birthdays**

Shelby 8/13  
Gayle 8/25  
Lorena 8/28



**DIRECTORS**

**Executive Director**

Ashlee Carlile - Ext. 107

**Business Office Manager**

Keenan Monteer - Ext. 110

**Wellness Director**

Emma Johnson- Ext. 111

**Activities Director**

Jeanette Hughes - Ext. 102

**Maintenance Director**

Mark Nielson - Ext. 108

**Housekeeping Director**

Reagan Brinkerhoff - Ext. 103

**Community Liaison**

Leslie Waddell - Ext. 101

