

# SonomaHills

# RETIREMENT LIVING

405 W. Macarthur Street • Sonoma, CA 95476 • (707) 939-7856 • www.sonomaretirement.com

Executive Director

Business Manager

Mark Nilsson

Sandra Lopez

Maintenance Manager

Culinary Director

Life Enrichment Director

Chauffeur

Community Liaison

Cuisine Creator

Cuisine Creator

Cuisine Creator

Cuisine Creator

Alex Saldana



Berti Cardinaux	Nov. 04
Lorrie Hohorst	Nov. 06
Phil McCulley	Nov. 12
Mary Jo White	Nov. 14
Tim Stores	Nov. 14
Merrill Hanauer	Nov. 16
Helke Perriad	Nov. 16
Bea Absher	Nov. 22
Rosa Barajas -Employee	Nov. 23



159 Olyn Hicks 136 Bob Whitcher

### November 2025



#### Thankfulness

"What if today, we were just grateful for everything?" —Charlie Brown

**Happy Thanksgiving!** 

As we celebrate Thanksgiving with family and friends, we'll be expressing our gratefulness for each other. Community is everything, and you are appreciated.

Keeping with the SH tradition, our Bountiful, Delicious Thanksgiving meal on November 27th is served from 11:30a to 1:00p. Residents are then provided with a boxed meal for their evening meal; SH staff is then able to share the rest of the holiday with their families.

Our entire Sonoma Hills staff wishes you all the best on Thanksgiving and every day!

LET THE SEASON OF GIVING BEGIN AND NEVER END!!!!!



# November 2025

AR Bingo
GE Catholic Services
AR Ice Cream
TR Fitness Class
L Meditation & Movement
Community Meetings
Games
Social Hour
AR Arts & Crafts
Outing

				AH Arts & Grafts Outing		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WOULD YOU BE INTERESTED IN:  WRITING GROUP  MAHJONG See Luz Bravo.	GIVE THANKS IN EVERY THING	THANK YOU  * FOR YOUR *  SERVICE	Fall Back! Daylight Saving Time Ends	Wishing you a you a you a you a you a you a wonderful wonderful DAY AF	DIA DE LOS BYUERTOS	10:00 Mexican Train Dominoes 1:00 AR BINGO 3:00 AR ART GROUP 11:00 CHANGE YOUR O'CLOCK TONIGHT
Dia De Los Muertos - All Souls Day 2 9:00 SUNDAY BRUNCH - 9:00am to 1:00pm 10:00 GE Catholic Communion 3:30 AR "AZTEC XOCOLATL" - DAY OF THE DEAD" - ART & TRADITIONSS.H. GALLERY	11:00 TR Strength Training 1:00 BLACK JACK TIME 2:00 Meditation & Movement 2:00 Rummikub 3:00 AR Popcorn at the Lobby	1:00 AR BINGO 1:00 RESIDENTS' MEETING 3:00 CANASTA	9:00 BRIDGE 11:00 L PUTTING GREEN 1:00 AR BINGO 2:15 TR Gentle Stretch & Balance	10:00 OUTING 11:00 BILLIARDS 2:15 TR Gentle Stretch & Balance	7 11:00 TR Zumba 1:00 AR BINGO 4:00 SOCIAL HOUR From 4 to 5pm	10:00 Mexican Train Dominoes 1:00 AR BINGO 3:00 AR ART GROUP
9:00 SUNDAY BRUNCH - 9:00am to 1:00pm 10:00 GE Catholic Communion	11:00 TR Strength Training 1:00 BLACK JACK TIME 2:00 L Meditation & Movement 2:00 Rummikub 3:00 AR Popcorn at the Lobby	Veterans Day 11  1:00 AR BINGO 3:00 CANASTA 4:00 VETERANS DAY CELEBRATION - "LOVING' HARMONY TRIO"	9:00 BRIDGE 11:00 L PUTTING GREEN 1:00 AR BINGO 2:15 TR Gentle Stretch & Balance	13 10:00 OUTING 11:00 BILLIARDS 2:15 TR Gentle Stretch & Balance	14 11:00 TR Zumba 1:00 AR BINGO 4:00 SOCIAL HOUR From 4 to 5pm	HOLIDAY BOUTIQUE & RUMMAGE 15 SALE 10a to 3p 10:00 Mexican Train Dominoes 1:00 AR BINGO 3:00 AR ART GROUP
9:00 SUNDAY BRUNCH - 9:00am to 1:00pm 10:00 GE Catholic Communion	17 11:00 TR Strength Training 1:00 BLACK JACK TIME 2:00 Meditation & Movement 2:00 Rummikub 3:00 AR Popcorn at the Lobby	10:30 GE Catholic Mass 1:00 AR BINGO	9:00 BRIDGE 11:00 LB BOOK CLUB 11:00 L PUTTING GREEN 1:00 AR BINGO 2:15 TR Gentle Stretch & Balance	10:00 OUTING 11:00 BILLIARDS 2:15 TR Gentle Stretch & Balance	21 11:00 TR Zumba 1:00 AR BINGO 4:00 SOCIAL HOUR From 4 to 5pm	10:00 Mexican Train Dominoes 1:00 AR BINGO 3:00 AR ART GROUP
9:00 SUNDAY BRUNCH - 9:00am to 1:00pm 10:00 GE Catholic Communion  30 9:00 SUNDAY BRUNCH - 9:00am to 1:00pm 10:00 GE Catholic Communion		11:00 JEOPARDY - Hosted by the Boys and Girls Club  1:00 AR BINGO  2:00 ARMCHAIR TRAVEL -  3:00 CANASTA	9:00 BRIDGE 11:00 L PUTTING GREEN 1:00 AR BINGO 2:15 TR Gentle Stretch & Balance	THANKSGIVING DAY - FEDERAL 27 HOLIDAY - NO ACTIVITIES, HOUSEKEEPING, AND TRANSPORTATION	DAY AFTER THANKSGIVING 28 STATE OBSERVANCE NO ACTIVITIES, HOUSEKEEPING OR TRANSPORTATION	10:00 Mexican Train Dominoes 1:00 AR BINGO 3:00 AR ART GROUP



HEARTFELT APPRECIATION TO OUR SONOMA HILLS VETERANS TUESDAY, NOVEMBER 11TH & EVERY DAY! Standing left to right: Olyn, Steve, Ron, Steve, Peter & Phil; Seated John, Terry, Genny, Carla & John.

## A MAGICAL HOLIDAY BOUTIQUE & RUMMAGE SALE



TODAY IS GOING TO BE A GREAT DAY! I PLAN ON DOING ALL MY HOLIDAY SHOPPING AT THE SONOMA HILLS BOUTIQUE! THERE I WILL FIND UNIQUE GIFTS AND ITEMS FOR MYSELF THAT I DID NOT KNOW I NEEDED -- ALL AT THE BEST PRICE!! SEE YOU THERE AND EVERYONE IS WELCOME!! WE DO KNOW THE BEST GIFT WE CAN SHARE IS OUR KINDNESS, PATIENCE AND SENSE OF HUMOR!!!

SATURDAY, NOVEMBER 15, 2025

10am - 3pm

SONOMA HILLS MAIN LOBBY

A CORDIAL INVITE TO FAMILIES & FRIENDS.

THE MORE THE MERRIER!

