



SonomaHills

RETIREMENT LIVING

405 W. Macarthur Street • Sonoma, CA 95476 • (707) 939-7856 • www.sonomaretirement.com

Executive Director Mark Nilsson
Business Manager Sandra Lopez
Maintenance Manager Ignacio Vargas
Culinary Director Jorge Gomez
Life Enrichment Director Luz Bravo
Chauffeur Deborah De Martini
Community Liaison Pat Valone



HAPPY BIRTHDAY

MaryAnn Levine	Feb. 2
Gwyn Smith	Feb. 4
Mary Wich	Feb. 6
Genny Paulson	Feb. 13
Luz Bravo - Employee	Feb. 15
Sally Gmelin	Feb. 18
Michelle Schumacher	Feb. 18
Terry Arthur	Feb. 22
Linda Kennedy	Feb. 27
Kathy McNichol	Feb. 28
Hilaria Mayo - Employee	Feb. 28

WHAT'S NEW IN FEBRUARY?

WE INVITE YOU TO COME, PARTICIPATE
AND HAVE FUN!

- TAI CHI - BALANCE & MINDFULNESS
- JEOPARDY GAME - MIND CHALLENGING
- "GETTING TO KNOW YOU" - COMMUNITY CONNECTION

February 2026

HAPPY VALENTINE'S DAY



Love and Be Loved

"How you love yourself is how you teach others to love you." — ALL WE NEED IS LOVE!



Share the Love

Don't you just feel at home living in our community? Whether it's because of our friendly staff, perfect location or great amenities, make sure you tell everyone you know about how much you enjoy life at Sonoma Hills. Then, if they visit us, sign a lease and move in, you'll receive a reward!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:00 ■ SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 ■ GE Catholic Communion</div>	<div>2</div> <div>11:00 ■ TR Strength Training</div> <div>1:00 ■ BLACKJACK TIME</div> <div>2:00 ■ L Meditation & Movement</div> <div>2:00 ■ Rummikub</div>	<div>3</div> <div>1:00 ■ AR BINGO</div> <div>1:00 ■ RESIDENTS' MEETING</div> <div>3:00 ■ CANASTA</div> <div>4:00 ■ LB WRITERS' GROUP</div>	<div>4</div> <div>9:00 ■ BRIDGE</div> <div>11:00 ■ L PUTTING GREEN</div> <div>1:00 ■ AR BINGO</div>	<div>5</div> <div>10:00 ■ OUTING</div> <div>11:00 ■ BILLIARDS</div> <div>2:15 ■ TR Gentle Stretch & Balance</div>	<div>6</div> <div>11:00 ■ TR Zumba</div> <div>1:00 ■ AR BINGO</div> <div>4:00 ■ SOCIAL HOUR - 4 - 5p</div> <div>CARLO SOLIVAN - Entertainer</div>	<div>7</div> <div>10:00 ■ Mexican Train Dominoes</div> <div>1:00 ■ AR BINGO</div> <div>3:00 ■ AR ART GROUP</div>
<div>8</div> <div>SUPER BOWL SUNDAY</div> <div>9:00 ■ SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 ■ GE Catholic Communion</div> <div>3:30 ■ L SUPER BOWL - TV</div>	<div>9</div> <div>11:00 ■ TR Strength Training</div> <div>1:00 ■ BLACKJACK TIME</div> <div>2:00 ■ L Meditation & Movement</div> <div>2:00 ■ Rummikub</div>	<div>10</div> <div>1:00 ■ AR BINGO</div> <div>2:00 ■ TR TAI CHI With RIE</div> <div>3:00 ■ CANASTA</div> <div>4:00 ■ LB WRITERS' GROUP</div>	<div>11</div> <div>9:00 ■ BRIDGE</div> <div>11:00 ■ L PUTTING GREEN</div> <div>1:00 ■ AR BINGO</div> <div>3:30 ■ L WINE TASTING- HOSTED BY MEADOWCROFT WINES</div>	<div>12</div> <div>10:00 ■ OUTING</div> <div>11:00 ■ BILLIARDS</div> <div>2:15 ■ TR Gentle Stretch & Balance</div>	<div>13</div> <div>11:00 ■ TR Zumba</div> <div>1:00 ■ AR BINGO</div> <div>4:00 ■ SOCIAL HOUR - - - From 4 to 5pm - "VALENTINE'S DAY"</div> <div>THEME- With Michael O'Brien at the Piano</div>	<div>14</div> <div>HAPPY VALENTINE'S DAY</div> <div>10:00 ■ Mexican Train Dominoes</div> <div>1:00 ■ AR BINGO</div> <div>3:00 ■ AR ART GROUP</div>
<div>15</div> <div>9:00 ■ SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 ■ GE Catholic Communion</div>	<div>16</div> <div>PRESIDENTS DAY</div> <div>11:00 ■ TR Strength Training</div> <div>1:00 ■ BLACKJACK TIME</div> <div>2:00 ■ L Meditation & Movement</div> <div>2:00 ■ Rummikub</div>	<div>17</div> <div>10:30 ■ GE Catholic Mass</div> <div>1:00 ■ AR BINGO</div> <div>2:00 ■ GETTING TO KNOW YOU</div> <div>3:00 ■ CANASTA</div> <div>4:00 ■ LB WRITERS' GROUP</div>	<div>18</div> <div>9:00 ■ BRIDGE</div> <div>11:00 ■ LB BOOK CLUB</div> <div>11:00 ■ L PUTTING GREEN</div> <div>1:00 ■ AR BINGO</div>	<div>19</div> <div>10:00 ■ OUTING</div> <div>11:00 ■ BILLIARDS</div> <div>2:15 ■ TR Gentle Stretch & Balance</div>	<div>20</div> <div>11:00 ■ TR Zumba</div> <div>1:00 ■ AR BINGO</div> <div>4:00 ■ SOCIAL HOUR - - - From 4 to 5pm "MARDI GRAS"</div> <div>THEME- Music by Michael Carini - Accordion</div>	<div>21</div> <div>10:00 ■ Mexican Train Dominoes</div> <div>1:00 ■ AR BINGO</div> <div>3:00 ■ AR ART GROUP</div> <div>5:45 ■ OUTING - VINTAGE HOUSE DANCE- MUSIC BY "BIG O BAND"</div>
<div>22</div> <div>9:00 ■ SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 ■ GE Catholic Communion</div>	<div>23</div> <div>11:00 ■ TR Strength Training</div> <div>1:00 ■ BLACKJACK TIME</div> <div>2:00 ■ L Meditation & Movement</div> <div>2:00 ■ Rummikub</div> <div>4:00 ■ JEOPARDY - Hosted by the Boys and Girls Club</div>	<div>24</div> <div>1:00 ■ AR BINGO</div> <div>2:00 ■ ARMCHAIR TRAVEL</div> <div>3:00 ■ CANASTA</div> <div>4:00 ■ LB WRITERS' GROUP</div>	<div>25</div> <div>9:00 ■ BRIDGE</div> <div>11:00 ■ L PUTTING GREEN</div> <div>1:00 ■ AR BINGO</div>	<div>26</div> <div>10:00 ■ OUTING</div> <div>11:00 ■ BILLIARDS</div> <div>2:15 ■ TR Gentle Stretch & Balance</div>	<div>27</div> <div>11:00 ■ TR Zumba</div> <div>1:00 ■ AR BINGO</div> <div>4:00 ■ SOCIAL HOUR - - - From 4 to 5pm "SHOW CASE BAND"</div>	<div>28</div> <div>10:00 ■ Mexican Train Dominoes</div> <div>1:00 ■ AR BINGO</div> <div>3:00 ■ AR ART GROUP</div>
<div>FEBRUARY 8</div> <div></div>	<div></div>	<div>FEBRUARY 20</div> <div></div>	<div>All Events Are Subject to Change</div>	<div>FEBRUARY 16</div> <div></div>	<div>WINE TASTING BY MEADOWCROFT WINES - 02/11/26 @ 3:30p</div> <div></div>	<div>CHINESE NEW YEAR -02/17/26 - HORSE YEAR</div> <div></div>

FEBRUARY CELEBRATIONS



SUPER BOWL LX -- SUNDAY, FEBRUARY 8TH, @ 3:30P AT LEVI'S STADIUM IN SAN FRANCISCO!! CHEER YOUR TEAM ON WHETHER IT IS THE GAME ITSELF OR THE COMMERCIALS... OR THE HALFTIME SHOW FEATURING "BAD BUNNY." (OH MY!!)

FEBRUARY IS CELEBRATED AS THE MONTH OF LOVE, FRIENDSHIP, KINDNESS, LAUGHTER & MANY EVENTS!

- SUNDAY, FEB 8, @3:30P SUPER BOWL SUNDAY
- WEDNESDAY, FEB 11, @3:30P WINE TASTING (MEADOWCROFT)
- FRIDAY, FEB 13, @4P "VALENTINE'S" PARTY- M. O'BRIEN ON PIANO
- FRIDAY, FEB 20, @4P "MARDI GRAS" PARTY --MICHAEL CARINI
- SATURDAY, FEB 21, @5:45 "OUTING TO VINTAGE HOUSE"
QUEEN OF HEARTS THEMED DANCE PARTY WITH BIG O!

