



SonomaHills

RETIREMENT LIVING

405 W. Macarthur Street • Sonoma, CA 95476 • (707) 939-7856 • www.sonomaretirement.com

Executive Director	Mark Nilsson
Business Manager	Sandra Lopez
Maintenance Manager	Ignacio Vargas
Culinary Director	Jorge Gomez
Life Enrichment Director	Luz Bravo
Chauffeur	Deborah De Martini
Community Liaison	Pat Valone



Carla Dole	May 2
Laurell Meredith	May 4
Sherlie Braghton	May 7
Jason Vail-Employee	May 7
Ruth Stellbrink	May 11
Feliciano Labrador-Employee	May 11
Kelly Malchow	May 16
Sandra Lopez-Employee	May 19
Maryann Levine	May 21
John Cingolani	May 21
Ron George	May 29



Remembrance/Memorial Day encourages us to honor those who have died in service to the country. People throughout the nation are asked to pause wherever they are at 3 p.m. local time for one minute of silence.








May 2026



**WE CELEBRATE ALL WOMEN
MOTHERHOOD IS MORE THAN BEARING
CHILDREN. IT IS THE ESSENCE OF WHO WE ARE
AS WOMEN.**



“TURN AWARENESS INTO ACTION”
The benefits of “joining” our events may prevent the challenges of isolation, loneliness while improving your quality of life!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>11:00 TR Zumba</p> <p>1:00 AR BINGO</p> <p>4:00 Social Hour -- From 4 to 5pm - LIVE MUSIC "CINCO DE MAYO FIESTA"</p>	<p>2 10:00 Games Mexican Train Dominoes</p> <p>1:00 AR BINGO</p> <p>3:00 AR ART GROUP</p> <p>5:45 Outing OUTING TO VINTAGE HOUSE - "SPRING FLING DANCE PARTY"</p>
<p>3 9:00 Community Meetings SUNDAY BRUNCH - 9:00am to 1:00pm</p> <p>10:00 AR Catholic Communion</p>	<p>4 11:00 TR Strength Training</p> <p>1:00 Games BLACKJACK TIME</p> <p>2:00 LB Meditation & Movement</p> <p>2:00 Games Rummikub</p> <p>3:00 Community Meetings Popcorn Time - TV Room</p>	<p>5 HAPPY CINCO DE MAYO</p> <p>1:00 Community Meetings RESIDENTS' MEETING</p> <p>1:20 AR BINGO</p> <p>2:15 Social Hour TAI CHI with RIE</p> <p>3:00 Games CANASTA</p>	<p>6 11:00 LB PUTTING GREEN</p> <p>1:00 AR BINGO</p> <p>2:15 TR Gentle Stretch & Balance</p> <p>3:00 Community Meetings GETTING TO KNOW YOU CIRCLE</p>	<p>7 10:00 Outing OUTING</p> <p>11:00 Games BILLIARDS</p> <p>2:15 TR Gentle Stretch & Balance</p>	<p>8 11:00 TR Zumba</p> <p>1:00 AR BINGO</p> <p>4:00 Social Hour -- From 4 to 5pm - LIVE MUSIC</p>	<p>9 2:00 CHEERS TO WOMEN: A CELEBRATION OF CONNECTION</p> <p>3:00 LIVE MUSIC IN LOBBY</p> <p>4:00 EVENT CONCLUDES</p>
	<p>11 11:00 TR Strength Training</p> <p>1:00 Games BLACKJACK TIME</p> <p>2:00 LB Meditation & Movement</p> <p>2:00 Games Rummikub</p> <p>3:00 Community Meetings Popcorn Time - TV Room</p> <p>4:00 Community Meetings JEOPARDY - Hosted by Boys and Girls Club-Teen Services</p>	<p>12 1:00 AR BINGO</p> <p>2:15 Social Hour TAI CHI with RIE</p> <p>3:00 Games CANASTA</p>	<p>13 11:00 LB PUTTING GREEN</p> <p>1:00 AR BINGO</p> <p>2:15 TR Gentle Stretch & Balance</p> <p>3:00 Community Meetings THE EXPRESSIONISTS</p>	<p>14 10:00 Outing OUTING</p> <p>11:00 Games BILLIARDS</p> <p>2:15 TR Gentle Stretch & Balance</p>	<p>15 11:00 TR Zumba</p> <p>1:00 AR BINGO</p> <p>4:00 Social Hour -- From 4 to 5pm - LIVE MUSIC</p>	<p>16 10:00 Games Mexican Train Dominoes</p> <p>1:00 AR BINGO</p> <p>3:00 AR ART GROUP</p>
<p>17 9:00 Community Meetings SUNDAY BRUNCH - 9:00am to 1:00pm</p> <p>10:00 AR Catholic Communion</p>	<p>18 11:00 TR Strength Training</p> <p>1:00 Games BLACKJACK TIME</p> <p>2:00 LB Meditation & Movement</p> <p>2:00 Games Rummikub</p> <p>3:00 Social Hour ICE CREAM SOCIAL - Hosted by Homewatch CareGivers of SR.</p> <p>3:00 Community Meetings Popcorn Time - TV Room</p>	<p>19 10:30 AR Catholic Mass</p> <p>1:00 AR BINGO</p> <p>2:15 Social Hour TAI CHI with RIE</p> <p>3:00 Games CANASTA</p>	<p>20 11:00 LB BOOK CLUB</p> <p>11:00 LB PUTTING GREEN</p> <p>1:00 AR BINGO</p> <p>2:15 TR Gentle Stretch & Balance</p> <p>3:00 Community Meetings GETTING TO KNOW YOU CIRCLE</p>	<p>21 10:00 Outing OUTING</p> <p>11:00 Games BILLIARDS</p> <p>2:15 TR Gentle Stretch & Balance</p>	<p>22 11:00 TR Zumba</p> <p>1:00 AR BINGO</p> <p>4:00 Social Hour -- From 4 to 5pm - LIVE MUSIC</p>	<p>23 10:00 Games Mexican Train Dominoes</p> <p>1:00 AR BINGO</p> <p>3:00 AR ART GROUP</p>
<p>24 9:00 Community Meetings SUNDAY BRUNCH - 9:00am to 1:00pm</p> <p>10:00 AR Catholic Communion</p>		<p>26 1:00 AR BINGO</p> <p>2:15 Social Hour TAI CHI with RIE</p> <p>3:00 Community Meetings ARMCHAIR TRAVEL</p> <p>3:00 Games CANASTA</p>	<p>27 11:00 LB PUTTING GREEN</p> <p>1:00 AR BINGO</p> <p>2:15 TR Gentle Stretch & Balance</p> <p>3:00 Community Meetings THE EXPRESSIONISTS</p>	<p>28 10:00 Outing OUTING</p> <p>11:00 Games BILLIARDS</p> <p>2:15 TR Gentle Stretch & Balance</p>	<p>29 11:00 TR Zumba</p> <p>1:00 AR BINGO</p> <p>4:00 Social Hour -- From 4 to 5pm - LIVE MUSIC</p>	<p>30 10:00 Games Mexican Train Dominoes</p> <p>1:00 AR BINGO</p> <p>3:00 AR ART GROUP</p>
<p>31 9:00 Community Meetings SUNDAY BRUNCH - 9:00am to 1:00pm</p> <p>10:00 AR Catholic Communion</p>						

CHEERS TO WOMEN: A CELEBRATION OF CONNECTION

SATURDAY, MAY 9, 2026

2:00p - 4:00p

"SIP, SAVOR & SPARKLE"

2:00 pm Arrive & Mingle

2:15 pm Champagne & Sharing Plates (served tableside)

2:30 pm FASHION SHOW FEATURING
RAZZLE DAZZLE DESIGNS

3:00 pm Guests Depart to our Lobby

LIVE MUSIC PERFORMED

&

RAZZLE DAZZLE FASHIONS

(available for purchase)

A SPECIAL EVENT INVITATION

WE ARE DELIGHTED TO INVITE YOU AND YOUR FAMILY MEMBERS/FRIENDS (SORRY GENTS -- WOMEN'S EVENT ONLY) TO JOIN US FOR AN AFTERNOON FILLED WITH CHAMPAGNE, SWEETS, SAVORY BITES, A FASHION SHOW, AND LIVE MUSIC ON SATURDAY, MAY 9TH, AS NOTED ABOVE.

OUR EVENT PROMISES A VIBRANT ENERGY AND HEARTFELT MOMENTS DEDICATED TO HONORING YOU!

BEHIND ANY AMAZING EVENT IS AN INCREDIBLE WOMAN!!

PLEASE R.S.V.P. TO PAT VALONE NO LATER THAN
WEDNESDAY, MAY 6TH.