



SonomaHills

RETIREMENT LIVING

405 W. Macarthur Street • Sonoma, CA 95476 • (707) 939-7856 • www.sonomaretirement.com

Executive Director Mark Nilsson
Business Manager Sandra Lopez
Maintenance Manager Ignacio Vargas
Culinary Director Jorge Gomez
Life Enrichment Director Luz Bravo
Chauffeur Deborah De Martini
Community Liaison Pat Valone



HAPPY BIRTHDAY

Berti Cardinaux	Nov. 04
Lorrie Hohorst	Nov. 06
Phil McCulley	Nov. 12
Tim Storrs	Nov. 14
Merrill Hanauer	Nov. 16
Helke Perriard	Nov. 16
Bea Abshear	Nov. 22



November 2026

THANKSGIVING

Attitude of Gratitude

"Be present in all things and thankful for all things."



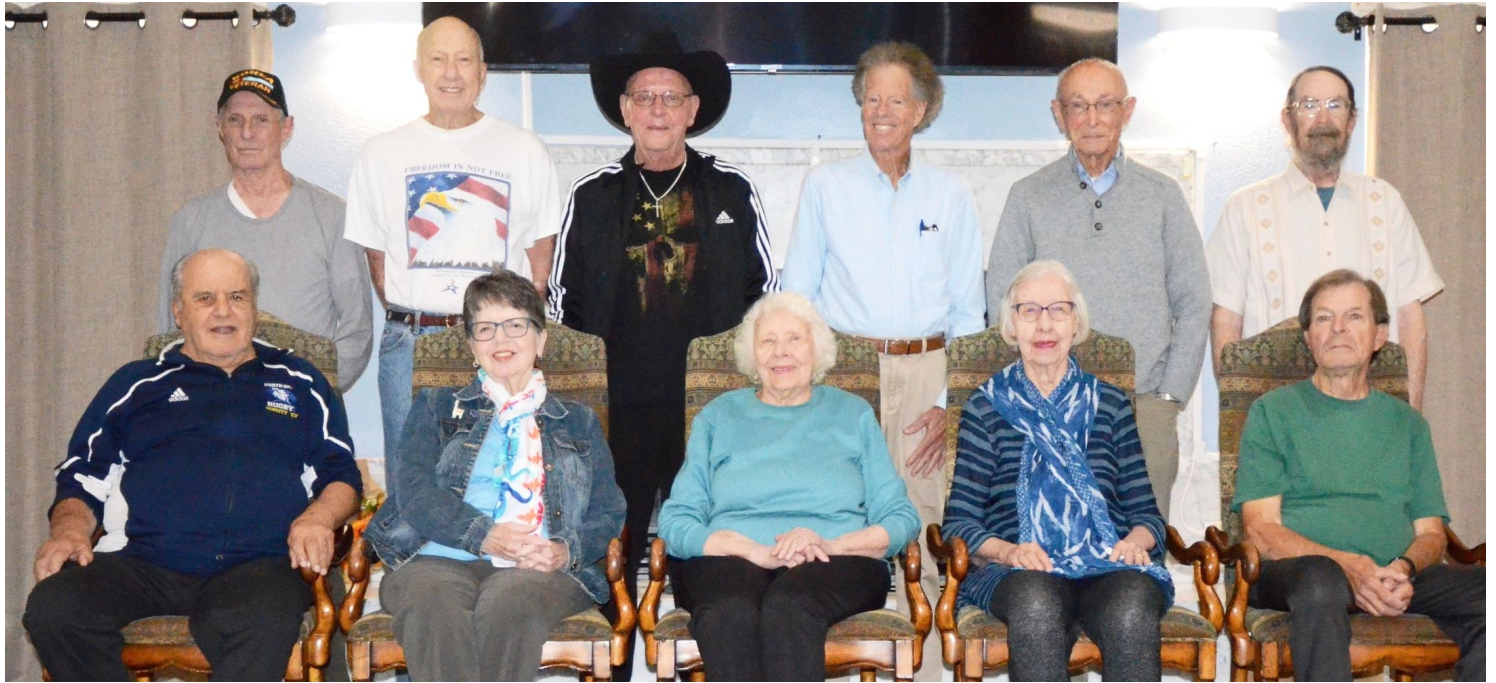
Thank You VETERANS

A Day of Honor

"A celebration to honor America's *veterans* for their patriotism, love of country, willingness to serve and sacrifice for the common good."



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>FALL BACK TIME STARTS ON SUNDAY 1ST.</div> <div>9:00 <div>DR</div> SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 <div>LB</div> Catholic Communion</div>	<div>ALL SOULS' DAY + DIA DE LOS MUERTOS</div> <div>11:00 <div>FR</div> Strength Training</div> <div>1:00 <div>AR</div> BLACKJACK TIME</div> <div>2:00 <div>LB</div> Meditation & Movement</div> <div>2:00 <div>AR</div> Rummikub</div> <div>3:00 <div>FD</div> Popcorn Time - TV Room</div>	<div>ELECTION DAY</div> <div>1:00 <div>AR</div> BINGO</div> <div>1:00 <div>FD</div> RESIDENTS' MEETING</div> <div>2:00 <div>FR</div> CHAIR VOLLEYBALL</div> <div>3:00 <div>**</div> CANASTA</div>	<div></div> <div>11:00 <div>LB</div> PUTTING GREEN</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>3:00 <div>FD</div> GETTING TO KNOW YOU CIRCLE</div>	<div></div> <div>9:30 <div>FD</div> O U T I N G</div> <div>11:00 <div>PT</div> BILLIARDS</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>4:00 <div>FD</div> STORY TIME & WRITING GROUP</div>	<div></div> <div>11:00 <div>FR</div> Zumba</div> <div>1:00 <div>AR</div> BINGO</div> <div>4:00 <div>LB</div> SOCIAL HOUR - -- From 4 to 5pm</div>	<div></div> <div>10:30 <div>AR</div> Mexican Train Dominoes</div> <div>1:00 <div>AR</div> BINGO</div>
<div>8</div> <div>9:00 <div>DR</div> SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 <div>LB</div> Catholic Communion</div>	<div>9</div> <div>11:00 <div>FR</div> Strength Training</div> <div>1:00 <div>AR</div> BLACKJACK TIME</div> <div>2:00 <div>LB</div> Meditation & Movement</div> <div>2:00 <div>AR</div> Rummikub</div> <div>3:00 <div>FD</div> Popcorn Time - TV Room</div>	<div>10</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:00 <div>FR</div> CHAIR VOLLEYBALL</div> <div>3:00 <div>**</div> CANASTA</div>	<div>11</div> <div>Veterans Day</div> <div>11:00 <div>LB</div> PUTTING GREEN</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>4:00 <div>LB</div> VETERANS DAY CELEBRATION -ENTERTAINMENT BY "LOVING" HARMONY TRIO"</div>	<div>12</div> <div>9:30 <div>FD</div> O U T I N G</div> <div>11:00 <div>PT</div> BILLIARDS</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>4:00 <div>FD</div> STORY TIME & WRITING GROUP</div>	<div>13</div> <div>11:00 <div>FR</div> Zumba</div> <div>1:00 <div>AR</div> BINGO</div> <div>4:00 <div>LB</div> SOCIAL HOUR - -- From 4 to 5pm</div>	<div>14</div> <div>10:30 <div>AR</div> Mexican Train Dominoes</div> <div>1:00 <div>AR</div> BINGO</div>
<div>15</div> <div>9:00 <div>DR</div> SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 <div>LB</div> Catholic Communion</div>	<div>16</div> <div>11:00 <div>FR</div> Strength Training</div> <div>1:00 <div>AR</div> BLACKJACK TIME</div> <div>2:00 <div>LB</div> Meditation & Movement</div> <div>2:00 <div>AR</div> Rummikub</div> <div>3:00 <div>FD</div> Popcorn Time - TV Room</div>	<div>17</div> <div>10:30 <div>LB</div> Catholic Mass</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:00 <div>FR</div> CHAIR VOLLEYBALL</div> <div>3:00 <div>**</div> CANASTA</div>	<div>18</div> <div>11:00 <div>LB</div> BOOK CLUB</div> <div>11:00 <div>LB</div> PUTTING GREEN</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>3:00 <div>LB</div> GETTING TO KNOW YOU CIRCLE</div>	<div>19</div> <div>9:30 <div>FD</div> O U T I N G</div> <div>11:00 <div>PT</div> BILLIARDS</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div> <div>4:00 <div>FD</div> STORY TIME & WRITING GROUP</div>	<div>20</div> <div>10:00 <div>LB</div> HOLIDAY MARKETPLACE - 10:00 am to 3:00 pm</div> <div>11:00 <div>FR</div> Zumba</div> <div>1:00 <div>AR</div> BINGO</div> <div>4:00 <div>LB</div> SOCIAL HOUR - -- From 4 to 5pm</div>	<div>21</div> <div>10:30 <div>AR</div> Mexican Train Dominoes</div> <div>1:00 <div>AR</div> BINGO</div>
<div>22</div> <div>9:00 <div>DR</div> SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 <div>LB</div> Catholic Communion</div>	<div>23</div> <div>11:00 <div>FR</div> Strength Training</div> <div>1:00 <div>AR</div> BLACKJACK TIME</div> <div>2:00 <div>LB</div> Meditation & Movement</div> <div>2:00 <div>AR</div> Rummikub</div> <div>3:00 <div>FD</div> Popcorn Time - TV Room</div>	<div>24</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:00 <div>FR</div> CHAIR VOLLEYBALL</div> <div>3:00 <div>ARMCHAIR TRAVEL</div><div>3:00 <div>**</div> CANASTA</div></div>	<div>25</div> <div>11:00 <div>LB</div> PUTTING GREEN</div> <div>1:00 <div>AR</div> BINGO</div> <div>2:15 <div>FR</div> Gentle Stretch & Balance</div>	<div>26</div> <div>FEDERAL HOLIDAY - NO ACTIVITIES, NO HOUSEKEEPING OR TRANSPORTATION</div> <div>HAPPY Thanks Giving</div>	<div>27</div> <div>11:00 <div>FR</div> Zumba</div> <div>1:00 <div>AR</div> BINGO</div> <div>4:00 <div>LB</div> SOCIAL HOUR - -- From 4 to 5pm</div>	<div>28</div> <div>10:30 <div>AR</div> Mexican Train Dominoes</div> <div>1:00 <div>AR</div> BINGO</div>
<div>29</div> <div>9:00 <div>DR</div> SUNDAY BRUNCH - 9:00am to 1:00pm</div> <div>10:00 <div>LB</div> Catholic Communion</div>	<div>30</div> <div>11:00 <div>FR</div> Strength Training</div> <div>1:00 <div>AR</div> BLACKJACK TIME</div> <div>2:00 <div>LB</div> Meditation & Movement</div> <div>2:00 <div>AR</div> Rummikub</div> <div>3:00 <div>FD</div> Popcorn Time - TV Room</div>	<div>FALL BACK TIME STARTS ON SUNDAY 1ST.</div> <div></div> <div>FALL BACK</div> <div>SET YOUR CLOCKS BACK AN HOUR</div>	<div></div>	<div><div>Give Thanks</div></div>	<div></div>	<div>HAPPY VETERANS DAY</div> <div>HONORING ALL WHO SERVED</div>



AT SONOMA HILLS, WE CELEBRATE, HONOR AND APPRECIATE OUR VETERANS. THANK YOU FOR YOUR SERVICE!

SONOMA HILLS' ANNUAL HOLIDAY MARKETPLACE



MARK THE DATE ON YOUR CALENDAR!!!!

SH ANNUAL CELEBRATION OF THE SEASON

HOLIDAY MARKETPLACE SALE

FRIDAY, NOVEMBER 20

10:00 a.m. -- 3:00 p.m. -- MAIN LOBBY

**CLOTHING .. JEWELRY .. GIFTS .. DECOR
PAT'S GOURMET BAKED GOODS
INVITE YOUR FAMILY & FRIENDS**