

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# July 2026

5 STAR EXPERIENCE EVERY STEP OF THE WAY!

<p>8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia</p>	<p>8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:15 Java Time (PT) 11:15 Table Games (BC) 1:30 Breathe Easy with Bree 2:00 Bingo Time 3:00 Java Music Club 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Toma Todo Game</p> <p style="text-align: center;">Canada Day</p>	<p>8:35 Early Bird Issue 9:00 Morning Social 9:30 Easy Motions 10:00 Stickman Puzzles 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 iN2L Word Games 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Let's Play UNO!</p>	<p>8:35 Early Bird Issue 9:00 T.G.I.F Social 9:30 Table Toss 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Loteria (BC) 1:30 Balloon Toss 2:00 Bingo Time 3:00 Beach Creek Volleyball 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Game Night</p>	<p>8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Derby Races 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Trivia Time</p> <p style="text-align: center;">Independence Day (U.S.)</p>		
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Activities are subject to change. Activity packets, room visits offered daily & PRN. All Activities are held in the Large Dining Room unless otherwise specified. BC= Bistro Café BP= Bistro Patio PT= Physical Therapy.