November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia Daylight Saving Time Ends	**2** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Fit 10:00 Categories 11:15 Reminisce Hour (PT) 11:15 Card Bingo (BC) 1:30 Breathe Easy 2:00 Grooving Manicures 3:00 Lifelong Learning 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Resident's Choice	**3** 8:35 Early Bird Issue 9:00 Today's News 9:30 Colorful Mornings 10:00 Compound Memory 10:30 Junk Drawer Detectives 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 Crafts 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Card Bingo	**4** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:15 Java Time (PT) 11:15 Table Games (BC) 1:30 Breathe Easy with Bree 2:00 Bingo Time 3:00 Java Music Club 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Jingo	**5** 8:35 Early Bird Issue 9:00 Headline News 9:30 Colorful Mornings 10:00 Stickman Puzzles 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 Rollerama 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Let's Play UNO!	**6** 8:35 Early Bird Issue 9:00 T.G.I.F Social 9:30 Table Toss **10:00 Friday Jams & Donuts** 11:15 Reminisce Hour (PT) 11:15 Loteria (BC) 1:30 Balloon Toss 2:00 Bingo Time 3:00 Volleyball 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Game Night	**7** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Derby Races 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Trivia Time
8 8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia Diwali (Hindi)	**9** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Fit 10:00 Categories 11:15 Reminisce Hour (PT) 11:15 Card Bingo (BC) 1:30 Breathe Easy 2:00 Grooving Manicures 3:00 Lifelong Learning 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Resident's Choice	**10** 8:35 Early Bird Issue 9:00 Today's News 9:30 Colorful Mornings 10:00 Compound Memory 10:30 Junk Drawer Detectives 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments **2:00 Puppy Party!** 3:00 Cups Game (BC) 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Card Bingo	**11** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:15 Java Time (PT) 11:15 Table Games (BC) 1:30 Breathe Easy with Bree **2:00 Veterans Day Remembrance** 3:00 Java Music Club 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Jingo Veterans Day Remembrance Day (Canada)	**12** 8:35 Early Bird Issue 9:00 Headline News 9:30 Colorful Mornings 10:00 Stickman Puzzles 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 Rollerama 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Let's Play UNO!	**13** 8:35 Early Bird Issue 9:00 T.G.I.F Social 9:30 Table Toss 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Loteria (BC) 1:30 Balloon Toss 2:00 Bingo Time 3:00 Volleyball 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Game Night	**14** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Derby Races 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Trivia Time
15 8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:15 Friendship Baptist Church 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia	**16** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Fit 10:00 Categories 11:15 Reminisce Hour (PT) 11:15 Card Bingo (BC) 1:30 Breathe Easy 2:00 Grooving Manicures 3:00 Lifelong Learning 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Resident's Choice	**17** 8:35 Early Bird Issue 9:00 Today's News 9:30 Colorful Mornings 10:00 Compound Memory 10:30 Junk Drawer Detectives 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 Crafts (BC) 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Card Bingo	**18** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:15 Java Time (PT) **BISTRO CLOSED** 2:00 Bingo Time (BC) 3:00 Java Music Club (BC) 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Jingo	**19** 8:35 Early Bird Issue 9:00 Headline News 9:30 Colorful Mornings 10:00 Stickman Puzzles 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time (BC) 3:00 Rollerama (BC) 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Let's Play UNO!	**20** 8:35 Early Bird Issue 9:00 T.G.I.F Social 9:30 Table Toss **10:00 Friday Jams & Donuts** 11:15 Reminisce Hour (PT) **BISTRO CLOSED** 1:30 Balloon Toss 2:00 Bingo Time 3:00 Volleyball 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Game Night	**21** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Derby Races 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Trivia Time
22 8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia	**23** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Fit 10:00 Categories 11:15 Reminisce Hour (PT) 11:15 Card Bingo (BC) 1:30 Breathe Easy 2:00 Grooving Manicures 3:00 Lifelong Learning 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Resident's Choice	**24** 8:35 Early Bird Issue 9:00 Today's News 9:30 Colorful Mornings 10:00 Compound Memory 10:30 Junk Drawer Detectives 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments 2:00 Bingo Time 3:00 Cups Game 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Card Bingo	**25** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving! 10:00 iN2L Word Games 11:10 **Resident Council Meeting (BC)** 11:15 Java Time (PT) 1:30 Breathe Easy with Bree 2:00 Bingo Time 3:00 Java Music Club 4:00 Fit-Tastic (P 4:30 Life Enrichment (PT) 7:00 Jingo	**26** 8:35 Early Bird Issue 9:00 Headline News 9:30 Colorful Mornings 10:00 Stickman Puzzles 11:15 Reminisce Hour (PT) 11:15 Jingo (BC) 1:30 Mellow Moments **2:00 Thanksgiving Celebration** 3:00 Rollerama 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Let's Play UNO! Thanksgiving Day (U.S)	**27** 8:35 Early Bird Issue 9:00 T.G.I.F Social 9:30 Table Toss 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Loteria (BC) 1:30 Balloon Toss **2:00 Birthday Bash** 3:00 Volleyball 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Game Night	**28** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Moving 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Derby Races 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Trivia Time
29 8:35 Early Bird Issue 9:00 Morning Social 9:30 Seniorcise 10:00 iN2L Word Games 11:15 Reminisce Hour (PT) 11:15 Devotions for the Soul (BC) 1:30 Mindful Melodies 2:00 Bingo Time 3:00 Crossword Mania 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Hangman Trivia	**30** 8:35 Early Bird Issue 9:00 Morning Social 9:30 Let's Get Fit 10:00 Categories 11:15 Reminisce Hour (PT) 11:15 Card Bingo (BC) 1:30 Breathe Easy 2:00 Grooving Manicures 3:00 Lifelong Learning 4:00 Fit-Tastic (PT) 4:30 Life Enrichment (PT) 7:00 Resident's Choice					

5 STAR EXPERIENCE EVERY STEP OF THE WAY!



Activities are subject to change. Activity packets, room visits offered daily & PRN. All Activities are held in the Large Dining Room unless otherwise specified. BC= Bistro Café BP= Bistro Patio PT= Physical Therapy.