# Oakwood Village

Oakwood Village Assisted Living & Memory Care 388 Bell Rd. Auburn, CA 95603 | (530) 889-8122 | RCFE# 317000237



## Happy Birthday



**James M.** 09/4

Julie E. 09/7





Beverly C. 09/19





Raymond S. 09/23

**Darryl B.** 09/26



## **Generation Celebration**

September gives us a great excuse to celebrate the power of cross-generational connection. With both Grandparents Day and Intergenerational Day on the calendar, it's a reminder that meaningful relationships don't have to come from the same age group.

Spending time with younger generations isn't just heartwarming—it's genuinely beneficial. Studies show that older adults who interact regularly with children or teens often feel more purposeful, experience less loneliness, and even see improvements in memory and mood. Meanwhile, younger folks gain a sense of perspective, patience, and emotional intelligence when they build relationships with seniors.

Some communities have taken this idea to the next level. In countries like Japan and the Netherlands, preschools and daycare centers are joining forces with senior living facilities, creating shared spaces where little ones and older adults can learn and play together. It turns out that finger painting and storytelling sessions can do wonders for everyone involved, young and old.

Even without a formal program, small moments matter. Reading to a grandchild over video chat, teaching a neighbor's teen how to knit, or joining a local school's mentorship program are all simple ways to build connections that stretch across generations. Volunteering with youth groups, offering career advice, or attending events at community centers can also open the door to meaningful exchanges. And don't underestimate the value of a casual chat at the park or the grocery store—sometimes the best conversations happen when no one's trying too hard.

Bringing generations together isn't about nostalgia—it's about building stronger communities full of curiosity, empathy, and mutual respect. This month, let's celebrate the many ways we can all learn from each other, no matter our age.



### **Live Entertainment**

9/5 Lisa Ellis @ 2:30pm

9/9 Underground Acoustic @ 2:00pm

9/12 Billy Bensing @ 2:00pm

9/17 Mike Ely @ 2:00pm

9/19 Blue Rhythm @ 2:00pm

9/22 Alvin @ 2:00pm

9/24 A @ 2:00pm

9/26 Gene Thorpe @ 2:00pm

### **Special Visits**

8/5 Art Reveals w/ Lizzy @ 2:00pm

Every Monday Starting @ 11:00am: Doggy Visit w/ KASEY

### **Shopping Trips & Outings**

9/2 Safeway & Burger King @ 11:00am

9/3 Scenic Bus Drive @ 11:00am

9/9 Dollar Tree & Mission Coffee

9/10 Scenic Bus Drive @ 11:00am

9/16 Tango Frozen Yogurts @ 11:00am

9/17 Scenic Bus Drive @ 11:00am

9/23 Mel's Diner @ 11:00am

9/24 Scenic Bus Drive @ 11:00am

### **Special Events**

9/24 Oktoberfest Celebration with Live Music: Antonio

### Religious Services

Every <u>Thursday</u> @ 10:00am: Rosary & Communion in the Theater Room.

## RESIDENT

## SHOUT OUT



Larry B.

I am thrilled to announce that the September Resident Shout-Out goes to Larry! Larry is such a fun, funny, fantastic guy who brings joy to everyone around him. Since moving to Oakwood Village not that long ago, Larry has been nothing but amazing. His jokes are always on point, and his positive energy lights up the room.

Larry loves participating in our activities, where he enjoys hanging out with friends and making the most of every moment. If you haven't had the chance to meet Larry yet, please take a moment to say hello. You'll find that he's the kind of friend you're truly glad to have made.

Let's celebrate Larry's wonderful spirit and the vibrant community we build together here at Oakwood Village!



### **Shire Delight**



J. R. R. Tolkien is best known as the author of *The Hobbit*, *The Lord of the Rings* trilogy, and *The Silmarillion*. This set of books conjures the fantasy world of Middle-earth, a magical place inhabited by elves, dwarves, trolls, dragons, wizards, and, of course,

the peaceful and portly race of pint-sized people known as hobbits. *The Lord of the Rings*—with 150 million copies sold—is one of the best-selling English books of all time, with *The Hobbit* at an impressive 100 million. The legions of Tolkien fans worldwide now celebrate September 22 as Hobbit Day. After all, September 22 is the birthday of not just Bilbo Baggins, the hero of *The Hobbit*, but also of Frodo Baggins, Bilbo's nephew and hero of *The Lord of the Rings*.

As one day is not enough to honor Tolkien and his fiction, the entire week surrounding September 22 is now celebrated as Tolkien Week. After all, there is so much more to Tolkien's story than just hobbits; he created an entire universe complete with several languages and its own mythology.

The depth of the Tolkien obsession is perhaps best exemplified by the Tolkien Society—part fan club, part charity, and part literary society. In addition to publishing a journal of Tolkien scholarship and maintaining an extensive Tolkien archive, the society also hosts an annual event known as Oxonmoot. Each September Tolkien enthusiasts travel to Oxford, England, and attend a long-weekend's worth of seminars and art shows about all things Tolkien. This Tolkienrelated gathering also includes a masquerade ball, where fans dress up as their favorite fantasy characters. For those unable to make the pilgrimage to Oxford, perhaps the best way to celebrate Tolkien Week is to read his novels. watch the film versions of the books, and complain about the many inaccuracies and liberties taken by the films' directors.

### **Fibbing for Fame**

It's no lie; in New Harmony, Indiana, the third Saturday in September brings the Big Whopper Liar's Contest. These aren't little white lies but long, well-wrought yarns expertly crafted to bring tears of laughter to audience members' eyes. There was one story about a woman who discovered that her grandma's trick for the perfect piecrust involved pressing her false teeth into the dough. Then there's the hunting tale of the boy who had his great-granddad's rifle full of enough shot to take down a rattlesnake, a charging wild boar, an 11-point buck, and 13 turkeys sitting on a tree limb. The grand prize won't make you rich, but it may make you famous... at least in New Harmony.



Do you want to make your voice heard and stay informed about your community? Let us chat about important issues.

- Chat about any issues or concerns you may have.
- Discuss upcoming community events and activities.
- Quality of services provided.
- Feel free to share your suggestions.
- Ask questions.
- Work towards positive change within our community.

When: Tuesday Sept 23rd

Time: 2:00pm / Where: Poppy Room

# Meet Our Team

**Executive Director** 



**Patty Uclaray** 

### **Business Office Manager**



**Destiny Moore** 

**Life Enrichment Director** 



**David Collison** 

#### **Maintenance Director**



**Ryan Risdal** 

**Resident Care Director** 



**Malina Meador** 

**Wellness Director** 



**Heather Mendoza** 

### **Housekeeping Director**



**Joshua Ochinero** 

### September Birthdays

In astrology, those born between the 1st and 22nd of September are Virginal Virgos. Virgos are industrious, efficient, and pay close attention to details, which is why they tend to get the job done right on the first try. Those born between September 23rd and 30th balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they'd rather avoid conflict, they are excellent team players who are tactful and polite at soothing those embroiled in argument.

Lily Tomlin (comedian) – September 1, 1939
Bob Newhart (comedian) – September 5, 1929
Grandma Moses (artist) – September 7, 1860
Otis Redding (singer) – September 9, 1941
Agatha Christie (author) – September 15, 1890
Frankie Avalon (singer) – September 18, 1940
Jim Henson (puppeteer) – September 24,1936
T. S. Eliot (poet) – September 26, 1888
Gene Autry (singer) – September 29, 1907
Fran Drescher (actress) – September 30, 1957



# **PODIATRIST**

SEPTEMBER 1ST, 2025

Memory Care - 1:00pm

Assisted Living - 2:00pm

SIGN UP NOW