

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## Harmony Hills Activities Calendar

<p>9:30 Morning Exercise  <u>10:00 The Bride Church-YouTube</u>  10:30 Scenic Bus Drive  11:15 Name That Tune  1:15 B-I-N-G-O  2:15 Memory Lane Photos  3:15 Gentle Stretch + Music</p> <p>Tu B'Shevat Begins</p>	<p>1 9:30 Morning Exercise  10:15 Photo Talk  11:15 Puzzle Table  1:15 Sensory Activity  <b>2:00 Monday Matinee -AL</b>  " When Harry Met Sally"  3:15 Picture Talk    (Movie Subject to Change)</p> <p>Groundhog Day</p>	<p>2 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  11:15 Gentle Stretch Break  1:15 Men's Group / Ladies Chat  <b>2:00 Art Reveals- AL</b>  3:15 Pre-Dinner Music</p>	<p>3 9:30 Morning Exercise  10:15 Music Memories  11:15 Fidget/Sensory Station  1:15 Cards/Dominoes  2:15 Balloon Tap  3:15 Easy Games Circle (dominoes, matching, large-print cards)</p>	<p>4 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  1:15 B-I-N-G-O  2:15 Nail Care  3:15 Mocktail &amp; Cookie Social (juice/mocktail + memories chat)</p>	<p>5 9:30 Morning Exercise  10:15 Music &amp; Movement  11:15 Arts &amp; Crafts  1:15 Walking Club / Fresh Air  2:00 Story Share  <b>2:30-3:30 Happy Hour with Midtown-Jazz-AL</b>  3:30 Wind-Down</p>	<p>6 7 9:30 Morning Exercise  10:15 Fun Facts  11:15 Sing-along  1:15 B-I-N-G-O  2:15 Kitchen Club: No-bake Treats  3:15 Sensory Social</p>
<p>9:30 Morning Exercise  <u>10:00 The Bride Church-YouTube</u>  10:30 Scenic Bus Drive  11:15 Ring Toss  1:15 B-I-N-G-O  <b>2:30 Super Bowl 60 Party Sunday Bowl Sunday</b>  3:15 Group Game (Bowling/Toss)</p>	<p>8 9:30 Morning Exercise  10:15 Photo Talk  11:15 Puzzle Table  1:15 Chair Dancing  <b>2:00 Monday Matinee -AL</b>  " Little Women 1994"  3:15 Calm &amp; Cozy Club    (Movie Subject to Change)</p>	<p>9 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  11:15 Gentle Stretch Break  1:15 Craft Project  2:15 Nail Care  3:15 Picture Talk</p>	<p>10 9:30 Morning Exercise  10:15 Reminiscence Circle  11:15 Name That Tune  1:15 Sensory Activity  2:15 Sensory: Aromatherapy  3:15 Gentle Stretch + Music (seated cool-down)</p>	<p>11 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  1:15 B-I-N-G-O  2:15 Nail Care  3:15 Pre-Dinner Music Lounge</p>	<p>12 9:30 Morning Exercise  10:15 Beanbag Toss  11:15 Water Coloring  1:15 Walking Club / Fresh Air  2:00 Music &amp; Movement  <b>2:30-3:30 Happy Hour With Blue Rhythm -AL</b>  3:30 Wind-Down</p>	<p>13 9:30 Morning Exercise  10:00 Love on the Leash  10:15 Music Memories  11:15 Sing-along  1:15 B-I-N-G-O  <b>2:15 Valentine's Party w/ Andrii -AL</b>  3:15 Picture Talk</p>
<p>9:30 Morning Exercise  <u>10:00 The Bride Church-YouTube</u>  10:30 Scenic Bus Drive  11:15 Ring Toss  1:15 B-I-N-G-O  2:15 Taste Test (fruit / snacks)  3:15 Gentle Stretch + Music</p>	<p>15 9:30 Morning Exercise  <b>10:30 Gold Country Band- AL</b>  1:15 Presidents' Day Trivia  <b>2:00 Mardi Gras Party w/ Antonio -AL</b>  3:15 Picture Talk</p>	<p>16 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  11:15 Balloon Tap  1:15 Group Game (Bowling/Toss)  <b>2:15 Chinese New Year's Social-AL</b>  3:15 Gentle Stretch + Music</p> <p>Ramadan Begins  Mardi Gras  Chinese New Year (Year of the Horse)</p>	<p>17 9:30 Morning Exercise  10:15 Family Stories / Reminiscence  11:15 Name That Tune  1:15 Cards/Dominoes  2:15 Folding/Sorting Helpers  3:15 Gentle Stretch + Music (seated cool-down)</p>	<p>18 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  1:15 B-I-N-G-O  2:15 Nail Care  3:15 Calm &amp; Cozy Club</p>	<p>19 9:30 Morning Exercise  10:15 Word/Color Match  11:15 Arts &amp; Crafts  1:15 Walking Club / Fresh Air  2:00 Balloon Tap  <b>2:30-3:30 Happy Hour With Gene Thorpe - AL</b>  3:30 Wind-Down</p>	<p>20 9:30 Morning Exercise  <b>10:00 Love on a Leash</b>  10:15 Coffee + Conversation  11:15 Sing-along  1:15 B-I-N-G-O  2:15 Garden/Patio Time  3:15 Calm &amp; Cozy Club</p>
<p>9:30 Morning Exercise  <u>10:00 The Bride Church-YouTube</u>  10:30 Scenic Bus Drive  11:15 Beanbag Toss  1:15 B-I-N-G-O Story Share  2:15 Music Memories  3:15 Calm &amp; Cozy Club</p>	<p>22 9:30 Morning Exercise  10:15 This Day in History  11:15 Ring Toss  1:15 Craft Project  <b>2:00 Monday Matinee -AL</b>  " A league of their Own"  3:15 Picture Talk    (Movie Subject to Change)</p>	<p>23 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  11:15 Puzzle Table  1:15 BINGO  2:15 Nail Care  3:15 Story &amp; Song Circle</p>	<p>24 9:30 Morning Exercise  10:15 Photo Facts  11:15 Name That Tune  1:15 Chair Dancing  2:15 Sandwich Prep Helpers  3:15 Picture Talk (photo prompts + simple sharing)</p>	<p>25 9:30 Morning Exercise  10:00 Balloon Tap  <b>10:30 Scenic Bus Drive</b>  1:15 B-I-N-G-O  2:15 Nail Care  3:15 Pre-Dinner Music Lounge</p>	<p>26 9:30 Morning Exercise  10:15 Word/Color Match  11:15 Arts &amp; Crafts  1:15 Walking Club / Fresh Air  2:00 Balloon Tap  <b>2:30-3:30 Happy Hour with Alvin -AL</b>  3:30 Wind-Down</p>	<p>27 9:30 Morning Exercise  10:15 Photo Talk  11:15 Sing-along  1:15 B-I-N-G-O  2:15 Make Pudding  3:15 Easy Games Circle</p>