

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>February 2026</h1> <h2>Harmony Hills Activities Calendar</h2>  </div>						
1 9:30 Morning Exercise <u>10:00 The Bride Church-YouTube</u> 10:30 Scenic Bus Drive 11:15 Name That Tune 1:15 B-I-N-G-O 2:15 Memory Lane Photos 3:15 Gentle Stretch + Music Tu B'Shevat Begins	2 9:30 Morning Exercise 10:15 Photo Talk 11:15 Puzzle Table 1:15 Sensory Activity 2:00 Monday Matinee –AL “When Harry Met Sally” 3:15 Picture Talk (Movie Subject to Change) Groundhog Day	3 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 11:15 Gentle Stretch Break 1:15 Men's Group / Ladies Chat 2:00 Art Reveals- AL 3:15 Pre-Dinner Music	4 9:30 Morning Exercise 10:15 Music Memories 11:15 Fidget/Sensory Station 1:15 Cards/Dominoes 2:15 Balloon Tap 3:15 Easy Games Circle (dominoes, matching, large-print cards) Wear Pink Wednesday	5 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 1:15 B-I-N-G-O 2:15 Nail Care 3:15 Mocktail & Cookie Social (juice/mocktail + memories chat)	6 9:30 Morning Exercise 10:15 Music & Movement 11:15 Arts & Crafts 1:15 Walking Club / Fresh Air 2:00 Story Share 2:30–3:30 Happy Hour with Midtown-Jazz-AL 3:30 Wind-Down	7 9:30 Morning Exercise 10:15 Fun Facts 11:15 Sing-along 1:15 B-I-N-G-O 2:15 Kitchen Club: No-bake Treats 3:15 Sensory Social
8 9:30 Morning Exercise <u>10:00 The Bride Church-YouTube</u> 10:30 Scenic Bus Drive 11:15 Ring Toss 1:15 B-I-N-G-O 2:30 Super Bowl 60 Party Sunday Bowl Sunday 3:15 Group Game (Bowling/Toss)	9 9:30 Morning Exercise 10:15 Photo Talk 11:15 Puzzle Table 1:15 Chair Dancing 2:00 Monday Matinee –AL “Little Women 1994” 3:15 Calm & Cozy Club (Movie Subject to Change)	10 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 11:15 Gentle Stretch Break 1:15 Craft Project 2:15 Nail Care 3:15 Picture Talk	11 9:30 Morning Exercise 10:15 Reminiscence Circle 11:15 Name That Tune 1:15 Sensory Activity 2:15 Sensory: Aromatherapy 3:15 Gentle Stretch + Music (seated cool-down) Wear Pink Wednesday	12 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 1:15 B-I-N-G-O 2:15 Nail Care 3:15 Pre-Dinner Music Lounge	13 9:30 Morning Exercise 10:15 Beanbag Toss 11:15 Water Coloring 1:15 Walking Club / Fresh Air 2:00 Music & Movement 2:30–3:30 Happy Hour With Blue Rhythm –AL 3:30 Wind-Down	14 9:30 Morning Exercise 10:00 Love on the Leash 10:15 Music Memories 11:15 Sing-along 1:15 B-I-N-G-O 2:15 Valentine's Party w/ Andrii –AL 3:15 Picture Talk Valentine's Day
15 9:30 Morning Exercise <u>10:00 The Bride Church-YouTube</u> 10:30 Scenic Bus Drive 11:15 Ring Toss 1:15 B-I-N-G-O 2:15 Taste Test (fruit / snacks) 3:15 Gentle Stretch + Music	16 9:30 Morning Exercise 10:30 Gold Country Band- AL 1:15 Presidents' Day Trivia 2:00 Mardi Gras Party w/ Antonio –AL 3:15 Picture Talk Presidents' Day (U.S.)	17 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 11:15 Balloon Tap 1:15 Group Game (Bowling/Toss) 2:15 Chinese New Year's Social-AL 3:15 Gentle Stretch + Music Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 9:30 Morning Exercise 10:15 Family Stories / Reminiscence 11:15 Name That Tune 1:15 Cards/Dominoes 2:15 Folding/Sorting Helpers 3:15 Gentle Stretch + Music (seated cool-down) Wear Pink Wednesday	19 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 1:15 B-I-N-G-O 2:15 Nail Care 3:15 Calm & Cozy Club	20 9:30 Morning Exercise 10:15 Word/Color Match 11:15 Arts & Crafts 1:15 Walking Club / Fresh Air 2:00 Balloon Tap 2:30–3:30 Happy Hour With Gene Thorpe – AL 3:30 Wind-Down	21 9:30 Morning Exercise 10:00 Love on a Leash 10:15 Coffee + Conversation 11:15 Sing-along 1:15 B-I-N-G-O 2:15 Garden/Patio Time 3:15 Calm & Cozy Club
22 9:30 Morning Exercise <u>10:00 The Bride Church-YouTube</u> 10:30 Scenic Bus Drive 11:15 Beanbag Toss 1:15 B-I-N-G-O Story Share 2:15 Music Memories 3:15 Calm & Cozy Club	23 9:30 Morning Exercise 10:15 This Day in History 11:15 Ring Toss 1:15 Craft Project 2:00 Monday Matinee –AL “ A league of their Own” 3:15 Picture Talk (Movie Subject to Change)	24 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 11:15 Puzzle Table 11:15 BINGO 2:15 Nail Care 3:15 Story & Song Circle	25 9:30 Morning Exercise 10:15 Fun Facts 11:15 Name That Tune 1:15 Chair Dancing 2:15 Sandwich Prep Helpers 3:15 Picture Talk (photo prompts + simple sharing) Wear Pink Wednesday	26 9:30 Morning Exercise 10:00 Balloon Tap 10:30 Scenic Bus Drive 1:15 B-I-N-G-O 2:15 Nail Care 3:15 Pre-Dinner Music Lounge	27 9:30 Morning Exercise 10:15 Word/Color Match 11:15 Arts & Crafts 1:15 Walking Club / Fresh Air 2:00 Balloon Tap 2:30–3:30 Happy Hour with Alvin –AL 3:30 Wind-Down	28 9:30 Morning Exercise 10:15 Photo Talk 11:15 Sing-along 1:15 B-I-N-G-O 2:15 Make Pudding 3:15 Easy Games Circle