

April 2026

# Oakwood Village

Oakwood Village Assisted Living & Memory Care | 3388 Bell Rd. Auburn, CA 95603 | (530) 889-8122 | RCFE# 317000237



## Roll into Spring



**Sharon O. – April 5**

**John M. – April 11**

**Jean M. – April 13**

**Nancy D. – April 16**

**Julie L. – April 17**

**Gene P. – April 27**

**Georgiann K. – April 30**

April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

The game itself was simple but never dull. Players crouched low, flicking a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy.

The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.

As spring arrives and days grow longer, World Marbles Day offers a reminder that fun doesn't have to be complicated. Sometimes it's as simple as a small glass sphere, good aim, and the pleasure of watching something roll exactly where you hoped it would.



# RESIDENT SHOUT OUT



## Georgiann K.

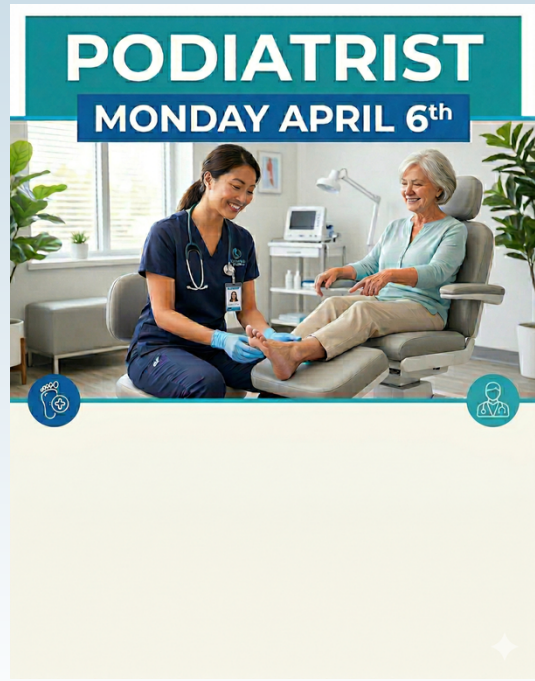
Georgiann is such a gentle and kind presence in our community. She has a calm and peaceful spirit, and spending time with her is always so special. Her sweet nature and warm smile bring comfort to those around her, and she is truly lovely to be with.

We are so grateful to have Georgiann as part of our Oakwood family. 🍷

Happy Birthday Month, Georgiann! 🎉



Georgiann enjoying a lovely afternoon stroll in Harmony Hills with her gal pals, Lynn and Sharon. 🍷



## A Perfect Pairing

Is there a more perfect sandwich than peanut butter and jelly? In celebration of one of the best food combinations of all time, April 2 is Peanut Butter and Jelly Day. When it comes to PB&J, many think, "If it ain't broke, don't fix it." However, if you're looking to expand your PB&J horizons, do what Elvis did and swap the jelly for fresh fruit. Bananas, strawberries, or even pomegranates fit the bill. More adventurous types opt for grilling their sandwiches in a frying pan, while others ditch the bread and slather their pancakes with PB&J.

When it comes to food combinations, PB&J certainly tops the list. But is this humble sandwich tastier than bacon and eggs? Macaroni and cheese? Spaghetti and meatballs? A burger and fries? Cookies and milk? Dietician Katherine Brooking offers some insight into PB&J's allure. "Humans have an innate predilection for salt, sweet, and fat," she says. Add the creamy texture of peanut butter, and this sandwich becomes "one of the hardest foods to eat in moderation."



## One Last Powwow



On April 24 and 25, Albuquerque, New Mexico, will host one of the largest gatherings of Indigenous Americans in the world when more than 700 tribes from the United States, Canada, and beyond arrive for the Gathering of Nations Powwow. First held more

than 40 years ago, the Gathering of Nations has grown into the premier Native American cultural event in North America. Sadly, organizers have announced that the 2026 powwow will be its final year—"The Last Dance."

What makes the powwow so special? It is a shared celebration of traditional Indigenous cultures—a feast for the eyes, ears, and mouth. With more than 30 judged categories, spirited competition in Native music, singing, and dancing involves everyone from children to elders. It is a remarkable sight to see men and women perform many different dances in their traditional regalia adorned with feathers, beads, and colorful clothing. Visitors should not miss the Grand Entry, when thousands of dancers in full costume enter the arena with great fanfare.

Another highlight is the Miss Indian World competition, where young Native women compete in public speaking, traditional talents, interviews, and dance, sharing their tribes' cultures and histories. Winners traditionally serve as cultural ambassadors and educators.

In the spirit of community, all are welcome to attend the powwow. Tickets grant access to the powwow grounds, Stage 49 (a live music stage featuring Native performers), the Indian Traders Market with hundreds of artisans and craft workers, the Native Food Court, and the Horse & Rider Regalia Parade. Events take place at the Powwow Grounds at Expo New Mexico, centered around the Tingley Coliseum in Albuquerque.



### Want to have your voice heard and stay connected with your community?

Join us for an open discussion on key local issues!

- Share your thoughts and concerns
- Learn about upcoming community events
- Talk about the quality of local services
- Offer your suggestions and ideas
- Ask questions and engage with others
- Work together for positive change

**When:** Thursday April 19<sup>th</sup>, 2026

**Where & Time:** Poppy Room at 2:00pm

### Drawn to Birds



Draw a Bird Day, celebrated on April 8 each year, dates to 1943, when seven-year-old Dorie Cooper visited her uncle, a wounded war veteran, in the hospital. He was in poor spirits, and Dorie tried to cheer him up by requesting he draw a bird for her. Dorie couldn't help but laugh at the resulting picture,

but she did, indeed, boost her uncle's spirits. With each subsequent visit to the hospital, Dorie was greeted with pictures of birds drawn by the soldiers, some good and many bad, but all of them evoking smiles. On April 8, put your talents to work drawing a bird. And don't feel too bad if your work isn't quite as beautiful as the paintings of famous ornithologist John J. Audubon, whose birthday is celebrated on April 26.

# Meet our Team

Executive Director



Patty Uclaray

Business Office Manager



Destiny Moore

Life Enrichment Director



David Collison

Maintenance Director



Ryan Risdal

Resident Care Director



Malina Meador

Wellness Director



Heather Mendoza

Housekeeping Director



Joshua Ochinerro

Dietary Director



Maria Hernandez

## April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, are not shy about rewarding themselves for a job well done.

Buddy Ebsen (actor) – April 2, 1908

Eddie Murphy (comedian) – April 3, 1961

Gregory Peck (actor) – April 5, 1916

Loretta Lynn (singer) – April 14, 1932

Clarence Darrow (lawyer) – April 18, 1857

Elizabeth II (queen) – April 21, 1926

Shirley Temple (actress) – April 23, 1928

Carol Burnett (comedian) – April 26, 1933

Willie Nelson (musician) – April 30, 1933

Happy  
ANNIVERSARY!

This month marks your anniversary of how long you have lived here at Oakwood Village. Thank you for choosing us as your home.

Aldonna W.



1 Year