

Jan-24

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	chicken breast 3oz	lasagna meat sauce 3oz	veg beef soup 3/4c	pork ribs 3oz	fishwich 3oz	cowboy calico beans 1/2c	beef roast 3oz, 2T gvy
entrée	tator tots 1/2c		summer sausage 3oz	potato salad 1/2c	sidewinder 1/2c	baked potato 1/2c	steamed pot 1/2c
starch	broccoli 1/2c	lettuce salad 1c	lettuce, tomato, pickle	california blend 1/2c	peas 1/2c	coleslaw 1/2c veggie/DC	glazed carrot 1/2c
vegetable	baked apples 1/2c	peaches 1/2c	mandarin orange 1/2c	grapes 1/2c	mixed fruit 1/2c	peaches 1/2c	
fruit	hamb bun-1	garlic bread-1	hamb bun-1	corn bread muffin - 1	hamburger bun-1	dinner roll -1	dinner roll - 1
bread		dessert 2*2			dessert 2*2	scotcharoo 2x2	pie - 1 slice
dessert	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee
beverage							
daycare	peanut butter	cheese stick	mandarin orange	yogurt	cheerios	whole grain goldfish	orange slice's
	celery sticks	whole grain crackers	whole grain crackers	fruit cup	milk	slice cheese	milk
soup	hamburger gravy 1/2c	chicken salad 3oz	pizza hotdish 1c	cheeseburger 4oz	chicken pot pie 1/2c	club sand 3oz 1oz cheese	omlette 3oz 2 sausage
entrée	mashed potato 1/2c	pasta salad 1/2c		french fries 1/2c	mashed potato 1/2c	potato salad 1/2c	hashbrown 1/2c
starch	carrots 1/2c	sliced beets 1/2c	lettuce salad 1c	peas 1/2c	green beans 1/2c	diced carrot 1/2c	
vegetable	pears 1/2c	mixed fruit 1/2c	mango 1/2c	mixed fruit 1/2c	blueberries 1/2c	pears 1/2c	strawberries/ whip 1/2c
fruit	dinner roll -1	round bread-2	garlic toast-1	hamb bun-1	wheat/white bread - 1	hamburger bun-1	toast -1
bread	no bake cookie-1		cake 2*2				
dessert	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee
beverage							

This institution is an equal opportunity provider.

Meal times: Breakfast is served from 7am-9am; Lunch/Dinner is served at 11:30am; Supper is served at 5:30pm.

Water is provided with all meals along with other choice beverages. Alternatives are available if a resident does not like what is being served.

Snacks are served at 3pm, & 7pm and include items such as fresh fruit, crackers, cheese, pudding, jello cookies and ice cream.

Daycare will always receive a fruit at a meal instead of dessert.



Jan-24 WEEK 2							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	cheese burger 3oz	chicken alfredo 1/2c	tuna hotdish 1c	meat loaf 3oz	salmon 3oz	tator tot hotdish 1c	pork roast 3oz, 2T gvy
entrée	potato salad 1/2c	pasta 1/2c		boiled/steamed pot 1/2c	fried potato/onion 1/2c	glazed carrot 1/2c	mashed pot 1/2c
starch	baked beans 1/2c	capri veg 1/2c	peas 1/2c	squash 1/2c	mixed veggie 1/2c	pineapple 1/2c	corn 1/2c
vegetable	pears 1/2c		grapes 1/2c	mixed fruit 1/2c	apricots 1/2c	buttered pull apart-1	stuffing 1/4c
fruit	hamburger bun - 1	garlic bread-1	pull a part-1	wheat/white bread - 1	dinner roll-1	brownie 2*2	pie 1 slice
bread		cherry crisp 2x2"				milk, juice, coffee	milk, juice, coffee
dessert	milk, juice, coffee	milk, juice coffee	milk, juice, coffee		milk, juice, coffee		
beverage							
daycare	peanut butter celery sticks	cheese stick whole grain crackers	mandarin orange whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	orange slice's milk
soup	3oz hot dog	s & s meatballs 3oz	3oz beef or 3 oz ham	chicken breast 4oz	grilled ham & cheese 3oz	chicken tender3oz	sausage gravy 1/2c
entrée	mac n cheese 1/2c	mashed potato 1/2c	taco salad/chef salad	sweet potato 1/2c	onion ring 1/2c	french fries 1/2c	hashbrown 1/2c
starch	green beans w/bacon1/2	broccoli 1/2c	tortilla chips 1oz	scallop corn 1/2c	green beans 1/2c	peas 1/2c	
vegetable		fresh fruit 1/2c	lettuce 1c, tomato/olive	pears 1/2c	1/2 banana	mixed fruit 1/2c	peaches 1/2c
fruit	hot dog bun - 1	wheat/white bread - 1	1/2 orange	whole wheat roll 1	wheat/white bread - 1	dinner roll - 1	bisquit-1
bread			garlic bread-1				
dessert	dessert 2*2		scotchbarro bar 2*2				
beverage	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee
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Jan-24

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	baked chicken 4oz	meat sauce 3oz	potato soup 1c	chicken Philly 3oz	shrimp 3oz	cowboy tator tot hd 1c	sliced ham 3 oz
entrée	mashed potato 1/2c	spaghetti 1/2c	ham salad 3oz	french fries 1/2c	baked potato 1/2c	peas 1/2c	sweet potato 1/2c
starch	mixed veggies 1/2c	lettuce salad 1c		pep/onion mixed veggie 1/2c	glazed carrots 1/2c	grapes 1/2c	mixed veg 1/2c
vegetable		fresh fruit 1/2c	pears 1/2c	1/2 banana	strawberries/whip 1/2c	whole wheat roll	
fruit	white/wheat bread	garlic toast-1	round bread- 2	wheat/white bread - 1	buttered pull apart - 1	poke cake 2x2	hawaiian roll -1
bread	dessert 2*2				angel food cake 2x2	milk, juice, coffee	pie - 1 slice
dessert	milk, juice coffee	milk, juice, coffee	milk, juice coffee	milk, juice coffee	milk, juice coffee		milk, juice coffee
beverage							
daycare	peanut butter apple slices	cheese stick whole grain crackers	applesauce whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	applesauce milk
soup	sausage 3oz	tuna salad 3oz	cheeseburger 4oz	beef salad 3oz	broccoli cheddar 3/4c	bbq meatballs 3oz	hamburger hotdish 1c
entrée	boiled pot/steamed 1/2c	potato chips 1/2c	onion ring 1/2c	pasta salad 1/2c	egg salad 3oz	mashed potatoes 1/2c	
starch	sauerkraut 1/2c	cucumber salad 1/2c	peas & carrot 1/2c	sliced beets 1/2c		green beans 1/2c	cauliflower 1/2c
vegetable	grapes 1/2c	1/2 banana	1/2 orange	apricots 1/2c	blueberries/whip 1/2c	mixed fruit 1/2c	mango 1/2c
fruit	pull a part -1	croissant-1	hamb bun-1	hamb bun-1	wheat bread 2	dinner roll-1	bred stick-1
bread							
dessert							
beverage	milk, juice coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice coffee	milk, juice coffee	milk, juice coffee

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WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	sloppy joe 3oz	turkey hot dish 1c	beef stew 1c	beef meatballs 3oz gvy 2tbl	lemon pepper fish 3oz	patty melt 3oz	roast turkey 3oz
entrée	potato chips 1/2c			mashed potato 1/2c	rice pilaf 1/2c	fried potato & onion 1/2c	mashed potato 1/2c
starch	calif blend veg 1/2c	cheesy broccoli 1/2c	cucumber salad 1/2c	glazed carrot 1/2c	broccoil 1/2c	coleslaw 1/2c	glazed carrot 1/2c
vegetable		apricots 1/2c	grapes 1/2c	pineapple whip 1/2c			cranberry 1/4c
fruit	hamburger bun - 1	dinner roll-1	bisquit 1	pull a part -1	wheat/white bread	rye bread-2	stuffing 1/4c
bread	lemon bars 2x2				blueberry fluff 1/2c	jello salad 1/2c	pie-1slice
dessert	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee		milk, juice, coffee	milk, juice, coffee
beverage							
daycare	peanut butter celery sticks	cheese stick whole grain crackers	mandarin oranges whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	sliced oranges milk
soup	chicken leg 3oz	pizza 1-2 piece	sausage patty 2oz	chicken 3oz	wisconsin cheese 3/4c	chicken tender 3oz	polish sausage 3oz
entrée	fried potato & onion 1/2c		hashbrowns 1/2c	baked potato-1/2c	egg salad - 3oz	mac & cheese 1/2c	boiled/steamed pot 1/2c
starch	beets 1/2c	lettuce salad 1c		corn 1/2c	pea salad 1/2c	green beans 1/2c	sauerkraut 1/2c
vegetable	peaches 1/2c	peaches 1/2c	yogurt 1/4c fruit 1/4 c	fruit salad 1/2c	strawberries/whip 1/2c	mixed fruit 1/2c	1/2 orange
fruit	buttered pull apart-1	dessert 2*2	french toast-2	wheat/white bread	round bread-2	white wheat bread	hot dog bun-1
bread							
dessert							
beverage	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee

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Jan-24 WEEK 5							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	bbq pulled pork 3oz	salisbury steak 4oz	beef noodle 1c	hot turkey 3oz, 2T gravy	breaded fish 4oz	cheeseburger 4oz	pork chop 3oz
entrée	fried potato/ onion 1/2c	mashed pot 1/2c	3oz chicken salad	mashed potato 1/2c	rice pilaf 1/2c	potato salad 1/2c	mashed potato 1/2c
starch	broccoli 1/2c	creamed cabbage 1/2c	cucumber salad 1/2c	squash 1/2 c	capri veg 1/2c	bakes beans 1/2c	green bean 1/2c
vegetable	1/2 banana		grapes 1/2c	fresh apple 1/2c	mandarin orange 1/2c	apricots 1/2c	
fruit	hamburger bun	wheat bread - 1	round bread-2	wheat bread - 1 slice	dinner roll 1	hamburger bun -1	wheat/ white bread
bread		cream pie 1 slice		dessert 2*2			pie-fruit
dessert	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice coffee	milk, juice, coffee
beverage							
daycare	peanut butter celery sticks	cheese stick whole grain crackers	mandarin oranges whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	orange slices milk
soup	popccorn shrimp 1/2c	pizza burger 4oz	country fried steak	beef meatballs 3oz	tomato soup 3/4c	chicken hotdish 1c	sausage links 3oz
entrée	sidewinders 1/2c	french fries 1/2c	mashed pot 1/2c, 2T gvy	mashed potato 1/2c	grilled cheese - 2oz		hashbrown 1/2c
starch	coleslaw 1/2c	beets 1/2c	peas 1/2c	glazed carrots 1/2c		cauliflower 1/2c	
vegetable	peaches 1/2c	mixed fruit 1/2c	blueberries 1/2c	pineapple 1/2c	pears 1/2c	mixed berry 1/2c	1/2 orange
fruit	garlic bread -1	wheat/ white bread	whole wheat roll 1	wheat/ white bread	wheat bread 2	wheat/ white bread	belgian waffle
bread	bars 2*2					cake 2*2	
dessert	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee
beverage							
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