

## Frequently Asked Questions

### **After admission, when will the doctor see me?**

The doctor will be in to see you within 72 hours of admission. Your nurse will communicate any medical concerns with your doctor before and after they see you.

### **Will I need to bring my medications?**

You do not need to provide medications unless specifically told to do so. Upon admission, we will order your medications using our off-site pharmacy, then securely store them on-site to ensure safety.

### **How long will I be here?**

Each patient is unique and different. Your progress is reviewed weekly by our team of Doctors, Nurses, Therapists and Dietitians. They will keep you updated on your progress daily.

### **When can I have visitors?**

Your family and friends can visit anytime. Preferred visiting hours are 10:00 am to 8:00 pm, 7 days a week. *\*If your visitors are experiencing flu like symptoms, please ask them to postpone their visits.*



For additional assistance in locating our facility, please contact the front desk at:  
**(916) 649-2000**



**ASBURY PARK**  
NURSING & REHABILITATION CENTER

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2257 Fair Oaks Boulevard | Sacramento, CA 95825  
P: 916 649-2000 | F: 916 649-2244  
24 hour admission assistance 916 524-0774  
[www.asburyparkcare.com](http://www.asburyparkcare.com)

## About Us

**Asbury Park Nursing and Rehabilitation Center** is a 139 bed Medicare and Medi-cal certified and licensed skilled nursing facility in the heart of Sacramento.

### OUR MISSION:

To provide the highest quality standard in post acute care and to meet the changing needs of our healthcare community.



## All Insurances Accepted

### SERVICES:

- Post Acute Care
- Direct Admits from home
- Respite Care
- Hospice / Comfort care

### SPECIALTY PROGRAMS:

- Physical, Occupational & Speech Therapy
- Post Surgical Care
- Cardioulmonary
- Enteral & Total Parenteral Nutrition
- IV Therapy
- Neurological / Stroke
- Respiratory Services
- Orthopedic
- Comprehensive Wound Care

### CAREER OPPORTUNITIES:

- Registered Nurses
- Licensed Vocational Nurses
- Certified Nursing Assistants
- Restorative Nursing Assistants

## Rehabilitation

Rehabilitation therapy at Asbury Park Nursing and Rehabilitation Center is a highlighted, skilled, and in house program for short-term patients that is offered up to six (6) days per week. Long term residents are screened quarterly and whenever there is a change in condition, to bring residents back to their prior level of function.

Our short term patients benefit from skilled therapy to return to home or prior level of function as soon as possible. Long term residents are evaluated quarterly and following any change in condition, with a focus on restoring them to their highest possible level of functioning.

**Physical Therapy:** Physical therapy provides rehabilitation services to assist patients in regaining their ability to walk, transfer between surfaces and balance. The focus is on mobility, safety, strength and regaining independence.

**Occupational Therapy:** Occupational Therapy instructs patients regarding strategies for improved activities of daily living such as eating, dressing, toileting, and bathing. Occupational therapy also instructs patients in techniques for loss of strength, cognition, balance, and sensation.

**Speech Therapy:** Speech Therapy evaluates and treats impairments of speech, language, and cognition as well as swallowing difficulties caused by accident or illness.

**Restorative Therapy:** The Restorative Nursing Program provides mobility activities for residents to maintain their highest functional ability.

